

# **HEALING PRAYERS**

**For Healing & Deliverance!!**

**(3 Parts)**

## **HEALING PRAYERS: For Healing & Deliverance!!**

**1) The next 3 Slides are an introductory prayer to start with each time.**

**The slides after the introductory prayer are prayers for specific area(s) of need.**

**Check the Table of Contents right after the three slides for your area(s) of need.**

**2) After saying the introductory prayer from your heart out loud, go to your area of need & pray that prayer. Believe that: Jesus can answer your prayer, Jesus is living inside of you wishing to come into your area of need, and Jesus loves you and is for you!!! He is wanting to draw you close to Him in relationship & also loves you enough to heal you & deliver you as He wishes (in His time & way).**

**3) Finally, say out loud the affirmations on the slides after. There are five different slides (3a-3e). Do a different one each time and say it out loud!!**

**These prayers are powerful. You will feel emboldened. But remember, we have an enemy who comes to rob, kill, and destroy. Humility is our friend. We need Jesus.  
(see: [altogetherlovely.org/healing](http://altogetherlovely.org/healing))**

### **DISCLAIMER**

**This material is not to replace Christian counseling (not Christians who counsel but Christ-centered Christian counseling) or Christian medical doctors (who are Christ-centered) when needed. In fact, we encourage individuals to find trusting Christian counseling and discipleship. This material is a “tool” to offer support. Individuals are responsible for their own healing and the choices they make - it is between you and God. Nobody knows you better than God. In no way does this material claim to replace professional Christian counselors or Christian medical doctors when needed. A professional Christian counselor is something that should be considered between God and the individual. Again, this book offers “laymen” resources for those wanting further growth and healing in Christ.**

# Personal Prayer: Part 1

Dear Heavenly Father, You are my Lord. I know that You love me and that You will never leave me nor forsake me. You are the only true and living God that is worthy of worship. You are kind and loving in all Your ways. I love You and I thank You that I am alive in Christ. I submit myself to You and ask You to fill me with Your Holy Spirit in order to live my life free from sin. I choose to believe the truth which You have given us in the Bible, and I reject all the lies of Satan. I refuse to be discouraged because You are a God of all hope. I believe that you will meet my needs as I seek to obey You. I believe that I can do everything You want me to do because Jesus is my strength.

Heavenly Father, thank You for sending Your Only Son Jesus Christ to die on the cross for my sins. I believe Jesus' shed blood is enough for the forgiveness of my sins!! I pray the blood of Jesus over myself, my children, and my grandchildren. In Jesus' Name. Thank You Jesus for dying for me and rising from the dead. Because I believe in your death and resurrection I have forgiveness of sin and eternal life in You. I am Your child - a child of God - forgiven through faith in Christ's shed blood - filled, sealed, anointed with the Holy Spirit - and a friend of God.

# Personal Prayer: Part 1

Satan, you and your demons, get away from me in Jesus' Name. You and your lying spirits get away and go to Jesus and His cross - He will deal with you. I am God's child!! I submit to God and I resist the devil. I stand against Satan and all his lies, and I command him and all his demons to leave me & my family. I put on the armour of God by believing and speaking the truth. I believe that Jesus is my protection because He never sinned and He took my sin on Himself. I commit myself to be a peacemaker and take the truth of the Bible and use it against all of Satan's dirty tricks. I submit my body as a living sacrifice to God, and I am going to keep studying the truth so I can prove that what God wants me to do is good and perfect for me. I do all this in the name of Jesus. Amen.

Holy Spirit come now and fill me with You. Fill me from the top of my head to the bottom of my feet. Jesus, come into every sickness & disease & blood cell in my body and melt away what is not of You. I command any spirits of sickness to leave me right now in Jesus' Name. Get away from me in Jesus' name. Come, melt away every hurt in my spirit, soul, and body and make me whole. Sickness, disease, and hurt cannot grow in the presence of the Holy, All-Powerful God. Your Word says, "and people brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralyzed, and he healed them". (Matt. 4:24)

# Personal Prayer: Part 1

**Now with the Holy Spirit in your heart, mind, & being, meditate on this verse:**

**“and the people all tried to touch him,  
because power was coming from him and healing them all”.**

**(Luke 6:19)**

Thank You Jesus. I believe Your power is flowing throughout my spirit, mind, emotions, and body. Your presence gives healing and fullness of joy!! Thank You Lord God Almighty. I am trusting in You for a healthy spirit, soul, and body. You have full permission to take control of me and have Your will in me, through me, and with me. In Jesus' Name I pray. Amen.

# Personal Prayer: Part 2

Find the area you struggle with and repeat the prayer daily out loud. You may want to pray it 2-3 times a day to begin with. Don't forget to do the previous three slides first. Then move on to the struggle you have (see below). Put your faith in the fact that God can do anything. When and how He does it is up to Him. God is with you!!

Then move on to the affirmations in Parts 3a-3e. Do a different slide each time.

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# Peace of Mind - The Mind of Christ:

**You will keep in perfect peace those whose minds are steadfast, because they trust in you. (Isaiah 26:3)**

**Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Phil.4:6-7)**

**For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. (2 Tim.1:7)**

Jesus, Your Word says that as a born again believer I have the mind of Christ. Lord thank You that You live in my spirit and we are joined together. I believe that the power of your peace is now flowing through me giving me YOUR peace in my spirit, mind, emotions, and body. Thank You Lord Jesus. I trust You for this Jesus. I trust You for Your peace that transcends all understanding. And I trust You for Your Spirit that gives me a sound mind. Satan, you and your demons get away from me now. I have Jesus in my spirit, soul, and body. Lord Jesus continue to fill my spirit, soul, and body with You. I believe. I bless You and praise You for this. In Jesus' Name I pray. Amen.

## **Wounded Spirit:**

I say in the name of the Lord Jesus Christ that my life is not a mistake. God made me out of the love that He is. He called me into being at the right time and the right place. He prepared a way for me and gave His life for me. I am a privilege, not a burden; a joy and a delight, not a disappointment; I am not an intrusion, I belong. I am a treasure just because I am, not merely for what I can do. I am one of God's own children, and He delights in me. The Lord is pouring His love into me. I choose to forgive those that wounded me. Forgive me for rejecting the life you planned for me. I ask, Lord that You empower me to choose life. I choose life – Your life.

Lord, I now confess my sin of believing Satan's lies about myself. I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. Satan, you and your demons, get away from me. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. Jesus, thank You for Your forgiveness and grace. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

**The LORD is close to the broken hearted  
and saves those who are crushed in spirit. (Psalm 34:18)**



## God's Will (Phil. 2:12-13):

**for it is God who works in you**

**to will and to act in order to fulfill his good purpose. (Phil 2:13)**

Jesus, only You were perfect in doing God's will. The night before Your crucifixion You said, "Not my will but yours be done." You were obedient unto death – death on the cross. Lord Jesus, I do not always do the Father's will and I'm sorry. Lord, I now confess this sin to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I command you Satan and your demons to get away from me in Jesus' Name. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in disobeying God and not doing His will. I thank You God that You are working "in me" to will and to act in order to fulfill Your good purpose. Your works are perfect and as I allow You to work in me – come Lord Jesus in Your power and might and do Your work in me and through me so I can please You. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

## Damaged Emotions:

Lord God Almighty, I come to You now as Your child through the shed blood of Jesus on the cross. I have led a sinful life and I have also been sinned upon. I am wounded emotionally. I sometimes shake and my emotions are so damaged. I believe Jesus that You live in me and I believe that You are willing to come into my damaged emotions and bring healing – Your gentle and loving healing touch. Jesus will You give me YOUR EMOTIONS which aren't damaged and pour them into my being. Satan, you and your demons get away from me. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin and in others who hurt me through their words and actions. I pray that You will now come into my damaged emotions Jesus and bring healing. I chose to forgive (name them) who hurt me and I thank You Jesus for filling me with You right now. Come Lord Jesus – fill me with You. I believe You are filling me right now. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

## Trauma:

Lord God Almighty, I come to You now as Your child through the shed blood of Jesus on the cross. I have led a sinful life and I have also been sinned upon. I was traumatized when \_\_\_\_\_. I just don't feel like I'm altogether right now. I believe Jesus that You live in me and I believe that You are willing to come into my trauma and bring healing – Your gentle and loving healing touch. I also believe You will be with me in my life and help me not to fear walking with You by faith. Satan, you and your demons get away from me. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. I pray that You will now come into my trauma Jesus and bring healing. I chose to forgive those who have hurt me and I thank You Jesus for filling me with You right now. Come Lord Jesus – fill me with You. I believe You are filling me right now. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

## Cancer (specify):

Jesus, I thank You that You as God Almighty have power over sickness. No sickness can survive in Your presence. I, by faith, believe that You are coming into my (name the cancer) right now. What a wonderful thing to know and believe that You are coming into that yucky sickness and willing to melt it away.

Lord, I now confess that my lifestyle opened gates to cancer and gates to the demonic. My eating habits, my lifestyle, etc. I confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. I pray that You will fill me with Your Holy Spirit right now and totally remove all that is not of You. Melt my sickness away. Satan, you and your demons get away from me in Jesus' Name. I am a child of God sealed by the Holy Spirit. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

## **SICKNESS: Fibromyalgia, kidney, liver, heart, skin, allergies...**

Jesus, I thank You that You as God Almighty have power over sickness. No sickness can survive in Your presence. I, by faith, believe that You are coming into my (name the sickness) right now. What a wonderful thing to know and believe that You are coming into that yucky sickness and willing to melt it away.

Lord, I now confess that my lifestyle opened gates to (name the sickness) and opened gates to the demonic. My eating habits, my lifestyle, etc. I confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. I pray that You will fill me with Your Holy Spirit right now and totally remove all that is not of You. Melt my sickness away. Satan, you and your demons get away from me in Jesus' Name. I am a child of God sealed by the Holy Spirit. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

## **Pornography:**

Lord Jesus, I confess that I have looked at sexually suggestive/explicit and pornographic material for the purpose of stimulating myself sexually. I have attempted to satisfy my lustful desires and polluted my body, soul, and spirit. I'm sincerely sorry. Thank You for cleansing me and for Your forgiveness. I renounce all satanic bonds & soul ties I have allowed in my life through the unrighteous use of my body and mind. Lord, I command all sexual spirits to get away from me now in Jesus' Name. I commit myself to destroy any objects in my possession that I have used for sexual stimulation and to turn away from all media that are associated with my sexual sin. I commit myself to the renewing of my mind and to think pure thoughts. I close all gates to the demonic. Lord when demons put sexual thoughts into my mind will You come and fill my mind with YOU!!!

Now, fill me with Your Holy Spirit that I may not carry out the desires of the flesh. Fill my heart, mind, emotions, will, and body with You. Thank You for the filling of Your Spirit. Without You I can do nothing. In Jesus' name, I pray. Amen.

# Sexuality:

Lord, I renounce the lie that You have created me or anyone else to be sexual any way other than what You have intended. You clearly forbid wrong sexual behavior. I choose to accept myself as a child of God and I thank You that You created me as a man (woman) and you have a purpose for my life. I renounce all ungodly thoughts, urges, drives and acts, and cancel out all ways that Satan has used these things to pervert my relationships. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. I close all doors to the satanic and demons and I command Satan and his demons to leave me in Jesus' Almighty Name. Lord, I now confess the following sins to You (confess your sins) and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin.

I also forgive (name them) who abused me sexually causing me trauma, fear, insecurity, and anger. I thank You Jesus for coming into these areas of wounds and hurt. I announce that I am free in Christ to relate sexually in the way that You intended. In Jesus' name, I pray. Amen.

**You may want to go through other prayers and pray them out loud (fear, alcoholism, drug addiction, sexual addiction, etc.)**

## Divorce:

Lord, I confess to You any part that I played in my divorce (name the specifics). Lord, I now confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. Thank You for Your forgiveness, and I choose to forgive myself as well. I renounce the lie that my identity is now in “being divorced.” I am a child of God, and I reject the lie that says I am a second- class Christian because of the divorce. I reject the lie that says I am worthless, unlovable, and that my life is empty and meaningless. I am complete in Christ, and You love me and accept me just as I am.

Lord, I commit the healing of all hurts in my life to You as I have chosen to forgive those who have hurt me. I also place my future into Your hands and trust You to provide the human companionship You created me to need through Your Church and, if it be Your will, through another spouse. Lord if I am to reunite and/or pray for my former spouse then show me. I pray all this in the healing name of Jesus, my Savior, Lord, and closest friend. Amen.



## Abortion:

Lord, I confess that I was not a proper guardian and keeper of the life You entrusted to me and I admit that as sin. Even though I was young, scared, ignorant, or even raped, Lord, I now confess my sin of abortion to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. Thank You that because of Your forgiveness, I can forgive myself (and my partner). I recognize the child is in Your caring hands for all eternity.

Father God, it has not been easy carrying this guilt, shame (name your feelings). I ask You to come into my spirit, mind, emotions, and body and to heal any damage I may have. Come Lord Jesus and fill me with You. Fill me totally and completely. I am free and I know You will continue to heal me. In Jesus' name, I pray. Amen.

## Suicidal Tendencies:

Lord, I renounce all suicidal thoughts and any attempts I've made to take my own life or in any way injure myself. I renounce the lie that life is hopeless and that I can find peace and freedom by taking my own life.

Lord, I now confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin.

Lord in the past I was (tell the trauma, hurt, or incident). It hurt me deeply and allowed gateways to the demonic. I now renounce Satan and his demons and command them to leave me. Satan is a thief and comes to steal, kill and destroy. I choose to forgive (name the person and what they did). I choose life in Christ, who said He came to give me life and give it abundantly (John 10:10).

I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. Now I ask You Jesus to fill me with Your Holy Spirit. Fill my spirit, mind, will, emotions, and body with You. Come into my hurt, shame, guilt (name the feeling or hurt) and free me. Thank You Jesus that I am filled with YOU!! Thank You for Your forgiveness which allows me to forgive myself. I give You my life Lord Jesus – my life is Your life. You bought me with Your precious blood. I am YOURS!! I choose to believe that there is always hope in Christ. In Jesus' name, I pray. Amen.

**I came that you may have life and have life to the full!! (John 10:10)**

## Victimization:

In the name of the Lord Jesus Christ, I renounce the lie of Satan that I am still a victim of my past or present circumstances. The truth is that I am a child of God, unconditionally loved by Him, and He has set me free to become the person HE intends for me to be. I am a new creation and old things have passed away. I announce that in Christ I can be victorious at all times and I choose to act like a beloved child of God, not like Satan's victim.

Lord, I now confess my sins of (name your sins) to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin.

I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. Lord I chose to forgive (name the person) for (tell what they did). I give (name them) to You Lord Jesus and I pray Your mercy and grace on them. I release all my hurt, shame, guilt to You Jesus and ask You to come into my whole being and fill me with You right now. Fill my spirit, soul, and body with You. I believe You are filling me right now and will continue to heal me as I ask You to. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

## **Perfectionism:**

Lord, I renounce the lie that my self-worth is dependent upon my ability to perform. Lord, I now confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin.

I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. I announce the truth that my identity and sense of worth is found in who I am as Your child. I renounce seeking the approval and acceptance of other people, and I choose to believe that I am already approved and accepted in Christ because of His death and resurrection for me. I choose to believe the truth that I have been saved, not by deeds done in righteousness, but according to Your mercy. I choose to believe that I am no longer under the curse of the law because Christ became a curse for me. I receive the free gift of life in Christ and choose to abide in Him. I renounce striving for perfection by living under the law. By Your grace, Heavenly Father, I choose from this day forward to walk by faith in the power of Your Holy Spirit according to what You have said is true. Now, Lord Jesus, come and fill me with You. Remove all my insecurity, striving to be loved and accepted – and fill me with You. Fill my spirit, mind, will, emotions, and body with You. I close all gateways to the demonic and thank You Jesus that I am filled with You. Help me to walk in You, to be filled with You and know that You love & accept me just as I am. In Jesus' name, I pray. Amen.

## Self-Mutilation:

Lord, I renounce the lie that my value as a person is dependent upon my appearance or performance. I renounce cutting or abusing myself as a means of being in control, lessening my pain, or cleansing myself of evil. Lord, I now confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them.

I announce that only the blood of the Lord Jesus cleanses me from sin. I realize I have been bought with a price and that my body, the temple of the Holy Spirit, belongs to God. Therefore, I choose to glorify God in my body. I renounce the lie that I am evil or that any part of my body is evil. Thank You that You accept me just the way I am in Christ.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Thank You Jesus that I am free. I am Yours. You are my God and I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray. Amen.

## **Eating Disorders:**

Lord, I renounce the lie that my value as a person is dependent upon my appearance or performance. I renounce vomiting, using laxatives, diet pills, or starving myself as a means of being in control or lessening my pain or altering my appearance or cleansing myself of evil. I announce that only the blood of the Lord Jesus cleanses me from sin and heals me. I realize I have been bought with a price and my body, the temple of the Holy Spirit, belongs to God. Therefore, I choose to glorify God in my body. I renounce the lie that I am evil or that any part of my body is evil. Thank You that You accept me just the way I am in Christ. Lord, I now confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not improper use of food. Thank You Jesus that I am free. I am Yours. You are my God and I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray. Amen.

## Food Addiction:

Lord, I confess that I have misused food for the purpose of pleasure, to escape reality, to lessen my pain, to fill my emptiness, or to cope with difficult problems. I confess that I have abused my body and programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of food. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to the abuse of food but instead I choose to allow the Holy Spirit to direct and empower me. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Lord especially fill those areas of hurt and emptiness in my life. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not improper use of food. When I feel empty teach me to fill myself with You, Lord Jesus. Thank You Jesus that I am free. I am Yours. You are my God and I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name I pray. Amen.

# Tobacco Addiction:

Lord, I confess that I have misused tobacco for the purpose of pleasure, to escape reality, to lessen my pain, or to cope with difficult problems. I confess that I have abused my body and programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of tobacco. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to tobacco, but instead I choose to allow the Holy Spirit to direct and empower me.

I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not tobacco. When I feel empty teach me to fill myself with You, Lord Jesus. Thank You Jesus that I am free. I am Yours. You are my God and I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray. Amen.



## Sex Addiction:

Lord, I confess that I have misused sex for the purpose of pleasure, to escape reality, to lessen my pain, or to cope with difficult problems. I confess that I have abused my body and programmed my mind in a harmful way. I have hurt so many people. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my sexual addiction. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to my sexual addiction but instead I choose to allow the Holy Spirit to direct and empower me. I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. I also ask You Jesus to break all soul ties with people I have spiritually joined myself to through sex. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not sex. When I feel empty teach me to fill myself with You, Lord Jesus. Thank You Jesus that I am free. I am Yours. You are my God and I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray.

## Alcohol/Drug Addiction:

Lord, I confess that I have misused substances (alcohol, prescription or street drugs) for the purpose of pleasure, to escape reality, to lessen my pain, or to cope with difficult problems. I confess that I have abused my body and programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of alcohol and/or drugs. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to alcohol and/or substance abuse, but instead I choose to allow the Holy Spirit to direct and empower me. I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not alcohol and/or drugs. When I feel empty teach me to fill myself with You. Thank You Jesus that I am free. I am Yours. You are my God & I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray. Amen.

## **Anger/Rage Addiction:**

Lord, I confess that I have misused anger and rage for the purpose of pleasure, to escape reality, to lessen pain, or to cope with difficult problems. I confess that I have programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of anger and rage. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to anger and rage but instead I choose to allow the Holy Spirit to direct and empower me. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. That Your self-control will take control of my anger and rage. I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. Satan & your demons get away from me.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not anger and rage. When I feel empty or out of control teach me to fill myself with You. Thank You Jesus that I am free. I am Yours. You are my God & I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray.

## Depression/Fear:

Lord, I confess that I have misused depression/fear for the purpose of pleasure, to escape reality, to lessen my pain, or to cope with difficult problems. I confess that I have programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of depression/fear. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to depression/fear but instead I choose to allow the Holy Spirit to direct and empower me.

I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. Satan & your demons get away from me. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over depression/fear. Jesus teach me to fill myself with You and not depression/fear. When I feel depressed or afraid teach me to fill myself with You. Thank You Jesus that I am free. I am Yours. You are my God & I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray. Amen.

# **BREAKING GENERATIONAL SIN**

Father God, in the mighty name of Jesus Christ, I come to You now and repent on behalf of my family line. Lord, whenever there was the sin of (name the sin) on my father's or mother's side, I repent of that sin on behalf of myself and my family, both on the (father's family name) side and on the (mother's family name) side. When ever I or my ancestors yielded to this particular sin, even as far back as Adam, I ask You to forgive us as a family and to cleanse the family line of this sin by the Blood of Jesus. When ever You see an invisible soul-tie that connects me with any of those people who yielded to this sin, I now take a sword in the spirit and in the name of Jesus Christ and through the Blood of Jesus Christ I sever that connection in the spirit and I break every unholy soul-tie between myself and those previous generations. And I now place a river of the Blood of Jesus Christ and those generations and render myself free from any unholy influence. I also break any curse that has come to me or my children through generational sins and curses. In Jesus' name and through His Blood, I ask you to turn the curses into blessings. In Jesus' name I pray. Amen.

***(Pray this prayer each time you identify a generational sin in your family).***

**From the Book "Spiritual Warfare and Your Children"  
by Ray Beeson & Kathi Mills**

# **BREAKING CURSES: Psychic/Cults/Occult**

Father God, in the mighty name of Jesus Christ, I come to You now and repent on behalf of my family line. Lord, whenever there was the sin of (psychics, cults, or occult) on my father's or mother's side, I repent of that sin on behalf of myself and my family, both on the (father's family name) side and on the (mother's family name) side. When ever I or my ancestors yielded to this particular sin, even as far back as Adam, I ask You to forgive us as a family and to cleanse the family line of this sin by the Blood of Jesus.

When ever You see an invisible soul-tie that connects me with any of those people who yielded to this sin, I now take a sword in the spirit and in the name of Jesus Christ and through the Blood of Jesus Christ I sever that connection in the spirit and I break every unholy soul-tie between myself and those previous generations. And I now place a river of the Blood of Jesus Christ and those generations and render myself free from any unholy influence. I also break any curse that has come to me or my children through generational sins and curses. In Jesus' name and through His Blood, I ask you to turn the curses into blessings. In Jesus' name I pray. Amen.

## DECLARATIONS: Part 3a

I renounce the lie that I am rejected, unloved, dirty or shameful because  
IN CHRIST I am completely accepted. God says.....

John 1:12	I am God's child.
John 15:5	I am Christ's friend.
Romans 5:1	I have been justified (made right in God's sight).
1 Cor. 6:17	I am united with the Lord & one spirit with Him
1 Cor. 6:19-20	I have been bought with a price. I belong to God.
1 Cor.12:27	I am a member of Christ's Body.
Eph.1:1	I am a saint, and a holy one.
Eph.1:5	I have been adopted as God's child.
Eph.2:18	I have direct access to God through the Holy Spirit.
Col.1:14	I have been redeemed and forgiven of all my sins.
Col.2:10	I am complete in Christ.

## DECLARATIONS: Part 3b

I renounce the lie that I am guilty, unprotected, alone or abandoned because  
IN CHRIST I am totally secure. God says.....

Romans 8:1-2	I am free forever from condemnation.
Romans 8:28	I am assured that all things work together for good.
Romans 8:31-34	I am free from any condemning charges against me.
Romans 8:35-39	I cannot be separated from the love of God.
2 Cor. 1:21-22	I have been established, anointed, and sealed by God.
Phil. 1:6	I am confident that the good work God has begun in me will be perfected.
Phil. 3:20	I am a citizen of heaven.
Col. 3:3	I am hidden with Christ in God.
2 Tim. 1:7	I have not been given a spirit of fear, but of power, love and a <u>sound mind</u> .
Hebrews 4:16	I can find grace and mercy to help in time of need.
1 John 5:18	I am born of God and the evil one cannot touch me.



## DECLARATIONS: Part 3c

I renounce the lie that I am worthless, inadequate, helpless or hopeless because  
IN CHRIST I am deeply significant. God says.....

Matthew 5:13-14	I am the salt of the earth and the light of the world.
John 15:1,5	I am a branch of the true vine, Jesus, a channel of His life.
John 15:16	I have been chosen and appointed by God to bear fruit.
Acts 1:8	I am a personal, Spirit-empowered witness of Christ.
1 Cor.3:16	I am God's temple.
2 Cor.5:17-21	I am a minister of reconciliation for God.
2 Cor.6:1	I am God's co-worker.
Eph.2:6	I am seated with Christ in the heavenly realms.
Eph.2:10	I am God's workmanship, created for good works.
Eph.3:12	I may approach God with freedom and confidence.
Phil.4:13	I can do all things thru Christ who strengthens me!!

# **DECLARATIONS ABOUT “FATHER GOD”: Part 3d**

**I renounce the lie that my Loving Heavenly Father is .....**

- 1. Distant and disinterested**
- 2. Insensitive and uncaring**
- 3. Stern and demanding**
- 4. Passive and cold**
- 5. Absent or too busy for me**
- 6. Never satisfied with what I do; impatient or angry**

**I joyfully accept the truth that my Loving Heavenly Father is.....**

- 1. Intimate and involved (Psalm 139:1-18)**
- 2. Kind and compassionate (Psalm 103:8-14)**
- 3. Accepting and filled with joy and love (Romans 15:7; Zeph.3:17)**
- 4. Warm and affectionate (Isaiah 40:11; Hosea 11:3-4)**
- 5. Always with me and eager to be with me (Heb.3:5; Jer.31:20; Ezek.34:11-16)**
- 6. Patient and slow to anger (Exodus 34:6; 2 Peter 3:9)**

# **DECLARATIONS ABOUT “FATHER GOD”: Part 3e**

**I renounce the lie that my Loving Heavenly Father is .....**

- 1. Mean, cruel or abusive**
- 2. Trying to take all the fun out of life.**
- 3. Controlling or manipulative**
- 4. Condemning or unforgiving**
- 5. Nitpicking, exacting or perfectionistic.**
- 6. Not a good provider, emotionally and/or physically.**

**I joyfully accept the truth that my Loving Heavenly Father is.....**

- 1. Loving, gentle and protective of me (Jer.31:3; Isaiah 42:3; Psalm 18:2)**
- 2. Trustworthy and wants to give me a full life, His will is good perfect, and acceptable for me (Lam.3:22-23; John 10:10; Romans 12:1-2)**
- 3. Full of grace & mercy: He gives me freedom to fail (Heb.4:15-16; Luke 15:11-16)**
- 4. Tender-hearted and forgiving; His heart and arms are always open to me (Psalm 130:1-4; Luke 15:17-24)**
- 5. Committed to my growth and proud of me as His growing child (Romans 8:28-29; Hebrews 12:5-11; 2 Cor.7:4)**
- 6. Able and willing to supply all my needs (Phil.4:19; Psa.37:4; Matt.6:33)**

# **53 Blessings After Believing On Jesus Christ**

**By Danny Doege email: [ddoege@earthlink.net](mailto:ddoege@earthlink.net)**

**When a Man, woman, child, believes on the Lord Jesus Christ as their personal Savior the following Fifty-three blessings are theirs instantly, regardless of their knowledge about them. The new Believer will not be aware of many of these things until gaining some spiritual maturity and growth in the word of God. But as they grow they will “enter in”.**

### **1) Access to God's Grace.**

(Eph.2:8) For by grace are ye saved through faith;  
and that not of yourselves: it is the gift of God:

(Eph.2:18) For through him we both have access by one Spirit unto the Father.

### **2) We are adopted by God.**

(Ephesians 1:5) Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, (Galatians 4:5) To redeem them that were under the law, that we might receive the adoption of sons.

### **3) We get an Inheritance.**

(Eph.1:11) In whom also we have obtained an inheritance,  
being predestinated according to the purpose of him  
who worketh all things after the counsel of his own will:

### **4) We are elected (saved).**

(1 Peter 1:2) Elect according to the foreknowledge of God the Father,  
through sanctification of the Spirit, unto obedience and sprinkling  
of the blood of Jesus Christ: Grace unto you, and peace, be multiplied.

### **5) We become a child of God.**

(John 1:12) But as many as received him, to them gave he power  
to become the sons of God, even to them that believe on his name:

### **6) We get a heavenly citizenship.**

(2 Timothy 4:18) And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom: to whom be glory for ever and ever. Amen.

### **7) We become a servant.**

(Romans 6:22) But now being made free from sin, and become servants to God, ye have your fruit unto holiness, and the end everlasting life.

### **8) We are heirs of God, joint heirs with Jesus.**

(Romans 8:17) And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.

(Galatians 3:29) And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise.

### **9) We become a new creature.**

(2 Cor.5:17) Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

(Galatians 6:15) For in Christ Jesus neither circumcision availeth any thing, nor uncircumcision, but a new creature.

### **10) We become priests.**

(1 Peter 2:9) But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should show forth the praises of him who hath called you out of darkness into his marvellous light:

(Revelation 1:6) And hath made us kings and priests unto God and his Father; to him be glory and dominion for ever and ever. Amen.

### **11) We are reconciled to God.**

(Romans 5:10) For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be saved by his life.

## **12) We are Sanctified.**

(1 Cor.6:11) And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God.

## **13) We are accepted in the Beloved.**

(Ephesians 1:6) To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

## **14) We are Baptized into the body of Christ.**

(1 Cor.12:13) For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit.

## **15) We are buried with him.**

(Romans 6:4) Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.

## **16) We have put on Christ.**

(Gal.3:27) For as many of you as have been baptized into Christ have put on Christ.

## **17) We have eternal life.**

(John 10:28) And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.

## **18) We have peace with God.**

(John 14:27) Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

**19) We became a friend of God.**

(John 15:15) Henceforth I call you not servants;  
for the servant knoweth not what his lord doeth: but I have called you friends;  
for all things that I have heard of my Father I have made known unto you.

**20) We get in the Lamb's book of life.**

(Revelation 21:27) And there shall in no wise enter into it any thing that defileth,  
neither whatsoever worketh abomination, or maketh a lie:  
but they which are written in the Lamb's book of life.

**21) We receive imputed righteousness.**

(Rom.4:6) Even as David also describeth the blessedness of the man,  
unto whom God imputeth righteousness without works,

**22) Our names are written in heaven.**

(Luke 10:20) Notwithstanding in this rejoice not, that the spirits are subject unto you;  
but rather rejoice, because your names are written in heaven.

**23) We are given a blessed hope of Christ's returning.**

(Titus 2:13) Looking for that blessed hope,  
and the glorious appearing of the great God and our Saviour Jesus Christ;

**24) We are seated in heavenly places.**

(Ephesians 2:6) And hath raised us up together,  
and made us sit together in heavenly places in Christ Jesus:



### **25) We have fellowship with the trinity.**

(1 John 1:3) That which we have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowship is with the Father, and with his Son Jesus Christ.

(Philippians 2:1) If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies,

### **26) We have a mansion in heaven.**

(John 14:2) In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you.

### **27) We are born again with a spiritual re-birth.**

(John 3:3-6) Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God. Nicodemus saith unto him, How can a man be born when he is old? can he enter the second time into his mother's womb, and be born? Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

### **28) We have received an anointing.**

(1 John 2:27) But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him

**29) The Holy Spirit will live with us now and forever.**

(John 14:16) And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

**30) We've been sealed by the Holy Spirit unto the day of redemption.**

(Ephesians 4:30) And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption.

**31) Our bodies become the temple of the Holy Ghost.**

(1 Corinthians 6:19) What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

**32) We are forever forgiven.**

(Luke 7:48) And he said unto her, Thy sins are forgiven.

(1 John 2:12) I write unto you, little children, because your sins are forgiven you for his name's sake.

**33) We are justified in God's sight.**

(Romans 5:1) Therefore being justified by faith, we have peace with God through our Lord Jesus Christ:

**34) We are redeemed.**

(Rev. 5:9) And they sung a new song, saying, Thou art worthy to take the book, and to open the seals thereof: for thou wast slain, and hast redeemed us to God by thy blood out of every kindred, and tongue, and people, and nation

**35) Indwelt by the Holy Spirit.**

(Rom. 8:9) But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

**36) We have an advocate with Christ.**

(1 John 2:1) My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous:

**37) We now have the possibility to have victory over sin.**

(Romans 6:14) For sin shall not have dominion over you: for ye are not under the law, but under grace.

**38) We become Christ's ambassadors.**

(2 Cor. 5:20) Now then we are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled to God.

**39) We are blessed with spiritual blessings.**

(Ephesians 1:3) Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessing in heavenly places in Christ:

**40) Our every need will be supplied by God.**

(Phil.4:19) But my God shall supply all your need according to his riches in glory by Christ Jesus.

**41) Given an inner strength to accomplish necessary things.**

(Philippians 4:13) I can do all things through Christ which strengtheneth me.

**42) A good work has been done in us.**

(Philippians 1:6) Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:

**43) The Lord becomes our helper instead of our judge.**

(Hebrews 13:6) So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

**44) We get abounding grace.**

(2 Corinthians 9:8) And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

**45) We get eternal love.**

(Romans 8:38-39) For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

**46) Every thing that happens to us will be for our own good.**

(Rom.8:28) And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

**47) A promised faithfulness regardless of our faithlessness.**

(2 Timothy 2:13) If we believe not, yet he abideth faithful: he cannot deny himself

**48) A promise given to be able to resist temptation.**

(1 Cor.10:13) There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

**49) We are made kings.**

(Revelation 1:6) And hath made us kings and priests unto God and his Father; to him be glory and dominion for ever and ever. Amen.

**50) We became saints.**

(1 Corinthians 1:2) Unto the church of God which is at Corinth, to them that are sanctified in Christ Jesus, called to be saints, with all that in every place call upon the name of Jesus Christ our Lord, both theirs and ours:

**51) We have been delivered from the power of darkness.**

(Col. 1:12-13) Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light: Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son:

**52) Our hearts are unblamable.**

(1 Thess 3:13) To the end he may stablish your hearts unblameable in holiness before God, even our Father, at the coming of our Lord Jesus Christ with all his saints.

**53) We get the power of a sound mind.**

(2 Timothy 1:7) For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

# **MORE BLESSINGS**

## **A Prayer For A Person's Salvation**

Dear Heavenly Father, I bring my (sons and/or daughters) before You. I stand against the blinding of Satan that would keep them from believing and seeing the light of the gospel of the glory of Christ (2 Corinthians 4:4). I take the authority that is mine because of my position in Christ, and I exercise that authority over Satan in regards to my family and all that You have entrusted to me, Heavenly Father. In the name of Jesus, I take authority over speculation and every lofty thing raised up against the knowledge of God in the minds of my children (2 Corinthians 10:5). I tear down those strongholds and bring their minds into captivity in order to obey Christ. By the authority that I have in Christ and in obedience to the great commission to make disciples, I command Satan to release the minds of my children so that they may obey God. I declare myself and all that You have entrusted to me to be eternally signed over to the Lord Jesus Christ. Based on Your Word according to 1 John 5:16, I am asking You to give spiritual life to my (sons and/or daughters). I pray that You would enable me to be the kind of parent that You want me to be. May I never be the kind of parent that would be a stumbling block to my children. Enable me to be a positive witness and a living epistle for all those who don't know You. I ask this in the name and authority of the Lord Jesus Christ. Amen.

## **WHERE TO FIND HELP WHEN..... (part 1)**

<b>AFRAID</b>	<b>Psalm 34:4; Matt.10:28; 2 Tim.1:7; Heb.13:5-6</b>
<b>ANXIOUS</b>	<b>Psalm 46; Matt. 6:19-34; Phil.4:6; 1 Peter 5:6-7</b>
<b>BACKSLIDING</b>	<b>Psalm 51; 1 John 1:4-9</b>
<b>BEREAVED</b>	<b>Matthew 5:4; 2 Corinthians 1:3-4</b>
<b>BITTER/CRITICAL</b>	<b>1 Corinthians 13</b>
<b>CONSCIOUS OF SIN</b>	<b>Proverbs 28:13</b>
<b>DEFEATED</b>	<b>Romans 8:31-39</b>
<b>DEPRESSED</b>	<b>Psalm 34</b>
<b>DISASTER</b>	<b>Psalm 91; 118:5-6; Luke 8:22-25</b>
<b>DISCOURAGED</b>	<b>Psa.42:6-11; 55:22; Matt.5:11-12; 2 Cor. 4:17; Phil.4:6-7</b>
<b>DOUBTING</b>	<b>Matthew 8:26; Hebrews 11</b>
<b>FACING A CRISIS</b>	<b>Psalm 121; Matthew 6;25-34; Hebrews 4:16</b>
<b>FAITH FALLS</b>	<b>Psalm 42:5; Hebrews 11</b>
<b>FRIENDS FAIL</b>	<b>Psa.41:9-13; Luke 17:3-4; Rom.12:14-21; 2 Tim.4:16-18</b>
<b>GOD'S PROTECTION</b>	<b>Psalm 27:1-6; Psalm 91; Philippians 4:19</b>
<b>GUIDANCE</b>	<b>Psalm 32:8; Proverbs 3:5-6</b>



## WHERE TO FIND HELP WHEN..... (part 2)

<b>LEAVING HOME</b>	<b>Psalm 121; Matthew 10:16-20</b>
<b>LONELY</b>	<b>Psalm 23; Hebrews 13:5-6</b>
<b>OVERCOME</b>	<b>Psalm 6; Romans 8:31-39; Romans 5:1-5; 1 John 1:4-9</b>
<b>PEACE</b>	<b>John 14:1-4; John 16:33; Rom.5:1-5; Phil. 4:6-7</b>
<b>PRAYERFUL</b>	<b>Psa.4; Psalm 42; Luke 11:1-13; John 17; 1 John 5:14-15</b>
<b>PROTECTED</b>	<b>Psalm 18:1-3; Psalm 34:7</b>
<b>RULES FOR LIVING</b>	<b>Romans 12</b>
<b>SICK or in PAIN</b>	<b>Psalm 38; Matt. 26:39; Romans 5:3-5; 2 Cor.12:9-10</b>
<b>SORROWFUL</b>	<b>Psa.51; Matt. 5:4; John 14; 2Cor. 1:3-4; 1 Thess.4:13-18</b>
<b>TEMPTED</b>	<b>Psalm 1; 139:23-24; Matt. 26:41; James 4:7; 2 Pet.2:9</b>
<b>THANKFUL</b>	<b>Psalm 100; 1 Thess. 5:18; Hebrews 13:15</b>
<b>TRAVELING</b>	<b>Psalm 121</b>
<b>TROUBLED</b>	<b>Psalm 16; Psalm 31; John 14:1-4; Hebrews 7:25</b>
<b>WEARY</b>	<b>Psalm 90; Matt. 11:28-30; 1 Cor.15:58; Gal.6:9-10</b>
<b>WORRIED</b>	<b>Matthew 6:19-34; 1 Peter 5:6-7</b>

**PRAYER JOURNALIZING**: One of the best ways to heal is a DAILY PRAYER JOURNAL. They are writing your prayers instead of saying them. Writing gives less time for our minds to wander. It allows the Holy Spirit to minister more deeply. Writing puts our thoughts on paper and helps RELEASE them to God. We encourage you to spend 5 – 10 minutes doing a DAILY PRAYER JOURNAL.

- i) Sit down with a pen, paper, and Bible. Start by saying this prayer EACH TIME:**  
Father, I come to You through the blood of Your Son, Jesus Christ. Jesus, thank You for dying for me and that I am God's child. Forgive me for (confess your sins). Now, come and fill me with Your Holy Spirit. Father, I pray that nothing would disturb this time I have with You. Father, would You quiet all demonic activity here in the name of Jesus Christ. Thank You Father. Now give me the power to write what YOU put on my heart. Fill me with YOU. You are so gentle, loving, and want nothing but the best for me. I love You, Father God. In Jesus' Name I pray.
- ii) Wait on God (absorb Him) and allow Him to fill your heart with what to write.**
- iii) Allow God to bring up whatever HE wants. Remember, He is gentle.**
- iv) When you sense God's leading, begin to write from your heart.**
- v) Don't overwrite. Do what you feel you can do. Get to know yourself.**
- vi) When you finish, put your paper in a safe place OR throw it away.**
- vii) Finally, do something "POSITIVE". Rejoice, sing a joyful song, go for a walk, phone a caring friend, minister to someone, etc.**

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**“It is for freedom that Christ has set us free;  
Therefore, keep standing firm  
and do not be subject again to a yoke of slavery.” (Galatians 5:1)**

**FOR RESOURCES SEE:**

**[www.altogetherlovely.org/healing](http://www.altogetherlovely.org/healing)**

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