

P.R.A.Y.: An Amazing Opportunity!!!

WHEN WE ARE ATTACKED BY THE ENEMY IT IS AN AMAZING OPPORTUNITY TO EXPERIENCE CHRIST IF WE LEARN HOW TO DO IT. We may not "feel" like doing this but when it is happening this is the tool to get us walking with God and to have Satan flee!!!

The acronym (P.R.A.Y.) can be prayed anytime (or when attacked in your mind, feeling compulsive/addictive, when in your flesh, sexual attacks, etc.) Say "REBUKE" OUTLOUD!!

Praise: *(look up at Jesus and praise God. This will help you experience God's presence. Do it anytime even if you don't "feel" like it):*

I praise You God Almighty. I worship You Jesus. I love You Holy Spirit. Father You are good. Bless You Father God. Thank You Jesus for shedding Your blood. I am a forgiven, Spirit-filled, loved, anointed, child of God. Bless You Jesus!!!

Repent: Father God, I come to You thru faith in the shed blood of Jesus Christ for forgiveness of my sins. Forgive me for _____. Lord Jesus come cover me with Your blood bringing forgiveness, healing, peace, power, access to You.

Rebuke (*outloud*): Satan I rebuke you and your lying, compulsive, and addictive spirits. I take the authority I have in Christ Jesus and command you and your spirits to get away from me and go to Jesus. He will deal with you.

Ask: Now Holy Spirit fall upon me. Come and fill me in my spirit, my mind, my will, my emotions, and throughout every cell in my body. Fill me Lord Jesus. Come and fill me completely. I am Yours. *(you can start to worship here also. BELIEVE God is filling you and has filled you!!).*

Yield: I turn my will and my life over to You Jesus. Come and take control of me. I yield to You every part of my life. My whole being, my finances, my cares, my worries, my sexuality, my future, my dreams, my (future) spouse, etc. You are MY HOPE. You are MY LIFE. You are MY LORD. You are MY ALL AND IN ALL!! (ETC.). I am an anointed, blood bought, born again, Spirit-filled, child of God. I am loved & accepted by God! **P**raise - **R**epent - **R**ebuke - **A**sk - **Y**ield

The best weapon we have is PRAISE. You can adapt this prayer but carry it around with you until you are confident in it. After a while you will understand the process!!!! Feel free to photocopy this prayer (double-sided) & distribute it!!

If you commit to this prayer & do it when you DON'T WANT TO and WHEN YOU ARE ATTACKED it will save you from those SOMETIMES HOURS (or even days) when your mind is going crazy or you are feeling like doing things you don't want to do. IT WILL HELP YOU WALK IN VICTORY & in the power of God's Holy Spirit.

Finally, BELIEVE God is answering your prayers. FAITH IN GOD TO ANSWER PRAYERS IS THE KEY TO GOD'S MOVEMENT IN OUR LIVES!! Then BE THANKFUL!!

There is not in this world a kind of life more sweet and delightful than that of a continual conversation with God.

Those only can comprehend it who practice & experience it!!

(Brother Lawrence)

Prayer Lines: (to talk with a Christian & be prayed for): 1-800-700-7000 1-866-987-7729

For FREEDOM PRAYER: see: www.altogetherlovely.org

To know Jesus see: www.altogetherlovely.org (GOD IN YOUR HEART & altogetherlovely.org/know-god)

TO BECOME A CHILD OF GOD (pray this prayer out loud from the heart):

"Father God, thank You for sending Your Son Jesus to earth out of Your love for me. Lord Jesus, I agree with Your Word and know I am a sinner and have displeased You in many ways. I believe You died for my sin, and only through faith in Your shed blood on the cross can I be forgiven. I also know that only through faith in Your resurrection can I have eternal life in You. I repent and turn from my sin and ask You to come into my heart and life as my Savior and Lord. From this day on, I will follow You by living a life that pleases You through the Power of Your Holy Spirit. Jesus fill me with Your Holy Spirit from the top of my head to the bottom of my feet. Fill me in my spirit, my soul (mind, will, emotions), & my body. Thank You Jesus, for saving me and filling me with Your Holy Spirit. You are so good!! In Jesus' Name I pray. Amen."

THE FULL SERENITY PRAYER

**God grant me the serenity To accept the things I cannot change;
Courage to change the things I can; And wisdom to know the difference.**

Living one day at a time; Enjoying one moment at a time;

Accepting hardships as the pathway to peace.

Taking, as Jesus did, this sinful world as it is, not as I would have it;

Trusting that He will make things right if I surrender to His Will;

So that I may be reasonably happy in this life and supremely happy with Him
forever in the next. In Jesus' Name I pray. Amen.

ROMANS 8:28-39 (The Living Bible) Memorise a verse/week as you work!!

²⁸ And we know that all that is happening to us is working for our good if we love God and are fitting into his plans.

²⁹ For from the very beginning God decided that those who came to him—and all along he knew who would—should become like his Son, so that his Son would be the First, with many brothers.

³⁰ And having chosen us, he called us to come to him; and when we came, he declared us “not guilty,” filled us with Christ’s goodness, gave us right standing with himself, and promised us his glory.

³¹ What can we ever say to such wonderful things as these? If God is on our side, who can ever be against us? ³² Since he did not spare even his own Son for us but gave him up for us all, won’t he also surely give us everything else?

³³ Who dares accuse us whom God has chosen for his own? Will God? No! For He is the one who has forgiven us and given us right standing with himself.

³⁴ Who then will condemn us? Will Christ? *No!* For he is the one who died for us and came back to life again for us and is sitting at the place of highest honor next to God, pleading for us there in heaven.

³⁵ Who then can ever keep Christ’s love from us? When we have trouble or calamity, when we are hunted down or destroyed, is it because he doesn’t love us anymore? And if we are hungry or penniless or in danger or threatened with death, has God deserted us?

³⁶ No, for the Scriptures declare that for his sake we must be ready to face death at every moment of the day—we are like sheep awaiting slaughter; ³⁷ but despite all this, overwhelming victory is ours through Christ who loved us enough to die for us.

³⁸ For I am convinced that nothing can ever separate us from his love. Death can’t, and life can’t. The angels won’t, and all the powers of hell itself cannot keep God’s love away. Our fears for today, our worries about tomorrow, ³⁹ or where we are—high above the sky, or in the deepest ocean—nothing will ever be able to separate us from the love of God demonstrated by our Lord Jesus Christ when he died for us.

RENEWING YOUR MIND!!

In order to move forward in something new and different, we need to renew our minds. To do that, our minds need a new connection. **Repentance** can feel like a heavy word. Maybe it's a new word altogether for you. But repentance is the way God uses to change us. Let me show you what I mean.

When we recognize our bad news, it is a watershed moment. Hopefully you've been digging deep and asking God to reveal what is playing on repeat. It may take days or weeks, but I hope a pattern emerges to you. I hope you're able to write down those thoughts or tell them to a friend, so you'll be more apt to snatch them out of space when you think them.

When you realized the junk you were preaching to yourself, I hope you took your heavy heart to God in sorrow and asked Him to change your mind — which is what repentance is about. We really can do that! It may feel foreign to do, but we pray for physical healing from things like cancer or injuries we've suffered in an accident. We clearly believe that God can work at a cellular level.

When we feel frustrated or stuck in our ruts of false belief, we can pray that God will change the very neural pathways in our brain. We can ask Him to rewire the innermost parts of our minds on a biological level. He created us. He knit us together in our mothers' bellies. I believe that He can change the way my brain tangles together and makes connections. Do you believe that too?

Let's practice together. We can pray this prayer when we're feeling the effects of our false beliefs:

Lord, You are mighty in me. You made me. You put every cell together and came up with me. You are the Lord of my life, and You are the Lord of my mind. Lord, I have believed things that are not true, and I'm sorry for that. Please forgive me. Lord, because You are good, would You let the ways I used to think die off and then would You blaze a new trail in my mind? Would You stop connections in my brain that are tied to my old way of thinking and form new neural pathways with Your good truth? Thank You, Lord, for Your forgiveness and for the miraculous way You made me. Please remake my mind to be more like Yours.

That is a beautiful moment of repentance — of receiving His grace that comes after we go to Him, humble, needy, unable to heal ourselves. That is one moment of repentance — repentance for years of being a false preacher in your own head, repentance for overlooking His good news and still preferring the bad news. This is the kind of repenting that happens a thousand times a day. When you go about your day and all is well, you thank God for keeping you on the narrow path. When you catch a bad news loop gearing up, you shush it, preach to yourself, & then get back to the good news. You pray, "Forgive me, God. I **want** to believe; help me overcome my unbelief." This is the kind of repentance where you skin your knees & get back up. This is the repentance that you commit to, knowing that God is urging you to good works. His Spirit is mighty in you, & you are renewing your mind!

Don't get stuck in guilt and shame. The work of turning around is the work of honesty and wholeness. There is a peaceful kind of power that comes when you go God's way, however imperfectly it might be.

In Romans 12:2, the apostle Paul writes, ***Do not conform to the pattern of this world, but be transformed by the renewing of your mind.***

You renew; God transforms. To "be transformed" means that something outside of you is doing the transforming. You must be faithful to take the thoughts captive, but ultimately, God is the only one who can change our minds.

Your Turn For God has not given us a spirit of fear, but of **power** and of **love** and of a **sound mind**. (2 Timothy 1:7) We cannot change ourselves but we can be an active participant in what God already wants to do to heal us and make us new. Let's pay attention to our thinking, recognize when it's a bad news loop, and take our thoughts captive. Then, let's pray today for the Lord to forgive us for thinking wrongly and ask Him to forge new pathways in our brains so that we can become more like Him!

THE NAME OF JESUS!!

One day I was on my way to Edmonton from Abbotsford.
My car broke down on the highway and I ended up in Hope.
Everything that day went wrong.
I was walking down the street and everywhere I looked was a bar.
I was so tempted.
Then I realized that I was being demonically oppressed.
I had no where to turn.....
Then I realized that I needed to get SAVED out of my situation.
I needed my Savior!!
So I said OUTLOUD, "Jesus!!

Boom, He came and filled me and the demons left.

The NAME OF JESUS - POWERFUL, OH SO POWERFUL!!

Jesus SAVES us from sin, death, hell, demons, addictions, ourselves,
our fears, insecurities. **THE NAME OF JESUS!!**

<https://www.youtube.com/watch?v=rwc0forMqtK>

JESUS LOVES YOU! SAY A HEART PRAYER TO HIM NOW!!

Christ-Directed Life

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness



- Life is Christ-centered
- Empowered by Holy Spirit
- Introduces others to Christ
- Has effective prayer life
- Understands God's Word
- Trusts God
- Obeys God

THE SERENITY PRAYER (FULL VERSION):

God grant me the serenity
To accept the things I cannot change;
Courage to change the things I can;
And wisdom to know the difference.
Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to peace;
Taking, as Jesus did, this sinful world
As it is, not as I would have it;
Trusting that He will make all things right If I surrender to His Will;
So that I may be reasonably happy in this life
And supremely happy with Him forever in the next.

THE TWELVE STEP PRAYER

Jesus, Who is always with me Blessed be Your name.
Come into my life,
Let me know Your will, and help me to live it out each day.
Give me today that which I need
And help me show forgiveness to others
just as You show forgiveness to me.
Please protect me from temptation And restore me if I fall.
For Everything I have comes from You
And all good things are Yours.
As it has always been, and will always be,
Forever and ever Amen

