

# Steps To Freedom in Christ for Children

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# Steps To Freedom in Christ for Children

## INTRODUCTION

**“It is for freedom that Christ has set us free; Therefore, keep standing firm and do not be subject again to a yoke of slavery.” (Galatians 5:1). If you have received Christ as your Savior, He has already set you free through His victory over sin and death on the cross. The question is: Are you living victoriously in Christ’s freedom or are you still living in slavery?**

**How can you tell if you are living free in Christ? Freedom in Christ is having the desire and power to know, love, worship, and obey God. It is the joyful liberty of knowing God’s truth and walking according to God’s truth in the power of the Holy Spirit. It is not a perfect life, for that is impossible this side of heaven. But it is a growing, abundant life in Christ (John 10:10)!!**

## **Steps To Freedom in Christ for Children**

**If you are not experiencing that kind of freedom, it may be because you have not stood firm in the faith or lived according to who you are in Christ. Somehow you have allowed a yoke of slavery to put you back in bondage.**

**It is your responsibility, however, to do whatever is needed to walk in your freedom in Christ. If you are a Christian already, your eternal life is NOT at stake ; you are safe and secure in Christ . But your daily victory is at stake if you choose not to walk according to the truth.**

**No matter how tough things might be for you spiritually right now , we've got great news for you!! You are not a helpless victim caught in a tug-of-war match between two nearly equal but opposite heavenly superpowers – God and Satan . Only God is all -powerful , always present and all-knowing. Satan was defeated by Christ the Victor at the cross, so don't believe the lie that your situation is hopeless or that you are helpless against the devil's attacks.**

## **Steps To Freedom in Christ for Children**

**Satan knows you have authority over him in Christ, but he doesn't want you to know it. He is a liar and the only way he can have power over you is if you believe his lies.**

**The battle is for your MIND. During this session you may experience nagging thoughts such as, "This isn't going to work" or "God doesn't love me," etc. Don't believe the devil's lies. If you believe Satan's deceptions, you will really struggle with making it through the Steps to Freedom in Christ.**

**If you are working through the book by yourself, don't pay any attention to accusing or threatening thoughts. If you are working through this with a trusted friend, pastor or counsellor (which we heartily encourage), then tell him/her any thoughts you are having that are in opposition to what you are trying to do.**

## Steps To Freedom in Christ for Children

Remember, the only power Satan has over you is the power of the lie. Expose the lie by getting it out in the open; then choose the truth and the power of that lie is broken. In that way you will be able to maintain control during this session.

**You MUST COOPERATE WITH THE PERSON WHO IS TRYING TO HELP YOU BY SHARING WHAT IS GOING ON INSIDE YOUR MIND.** Also, if you experience any physical discomfort (such as headache, nausea, tightness in your throat, etc.) don't be alarmed. Just tell the person you are with so that he/she can pray for you. Don't let the devil set the agenda during this time; let the Holy Spirit call the shots.

As believers in Christ, we can pray with authority to stop any interference by Satan. Here is a prayer and declaration to get you going. Read these (and all the prayers and declarations in **BOLD type**) aloud.

# Steps To Freedom in Christ for Children

## OPENING PRAYER (read by facilitator):

Dear Heavenly Father, We know that You are right here in this room with us and that You are present in our lives right now. You are the only all-knowing, all-powerful, and ever-present God. We are completely dependent upon You because without Jesus Christ we can do nothing. We choose to stand in the truth of Your Word and we refuse to believe the devil's lies. We thank You that the risen Lord Jesus has all authority in heaven and on earth. Father, thank You that because we are in Christ we share His authority in order to make disciples and set captives free. We ask You to protect our minds and bodies during this time. Please fill us with the Holy Spirit so that He can guide us into all truth. We choose to submit to His guidance alone during this time. Please reveal to our minds everything that You want us to deal with today. We ask for and trust in Your wisdom. We pray all this in faith, in the Name of Jesus. Amen.

# Steps To Freedom in Christ for Children

## DECLARATION (read by facilitator):

In the name and authority of the Lord Jesus Christ we command Satan and all evil spirits to release their hold on (name) in order that (name) can be free to know and choose to do the will of God. As children of God, raised up and seated with Christ in the heavenly places, we agree that every enemy of the Lord Jesus Christ be bound. We say to Satan and all his evil workers that you cannot inflict any pain or in any way prevent God's will from being done today in (name's) life.

# Steps To Freedom in Christ for Children

## PREPARATION:

Before going through the Steps to Freedom, review the events of your life to discern specific areas that might need to be addressed. As you share these areas the facilitator(s) will take notes and refer to areas of you've shared throughout the session. The notes will be destroyed later!!!

## FAMILY HISTORY

- ❖ Religious history of parents and grandparents
- ❖ Home life from childhood through high school
- ❖ History of physical or emotional illness in your family
  - ❖ Adoption, foster care, guardians



# Steps To Freedom in Christ for Children

## PERSONAL HISTORY

- ❖ Spiritual journey (salvation: when, how, and assurance of)
- ❖ Eating habits (bulimia, bingeing & purging, anorexia, compulsive eating)
  - ❖ Addictions (drugs, alcohol, sex, etc.)
- ❖ Prescription medications (what for? – addicting / mind-altering)
  - ❖ Sleeping patterns and nightmares
  - ❖ Rape or any sexual, physical, verbal, emotional abuse
- ❖ Thought life (obsessive, blasphemous, condemning, distracting thoughts, poor concentration, fantasy)
  - ❖ Mental interference in church, prayer, or Bible Study
- ❖ Emotional life (anger, anxiety, depression, bitterness, fears)

# Steps To Freedom in Christ for Children

## **AFTER YOUR “PERSONAL & FAMILY” HISTORY**

**Now you are ready to start going through the STEPS TO FREEDOM IN CHRIST . The following are seven steps to help you experience freedom from your past. You will address the areas in which Satan commonly takes advantage of believers and where strongholds are often built.**

**Remember that the Lord Jesus Christ has already purchased your freedom over sin and Satan on the cross. Experiencing that freedom will be the result of what you choose to believe, confess, renounce, and forgive. No one can do that for you, not even God. The battle for your mind will only be won as you personally choose the truth.**

**During each step, it is very important that you submit to God inwardly while resisting the devil outwardly . Do this by praying each prayer and making each declaration out loud. The prayers and declarations are all in bold type to remind you to do that.**

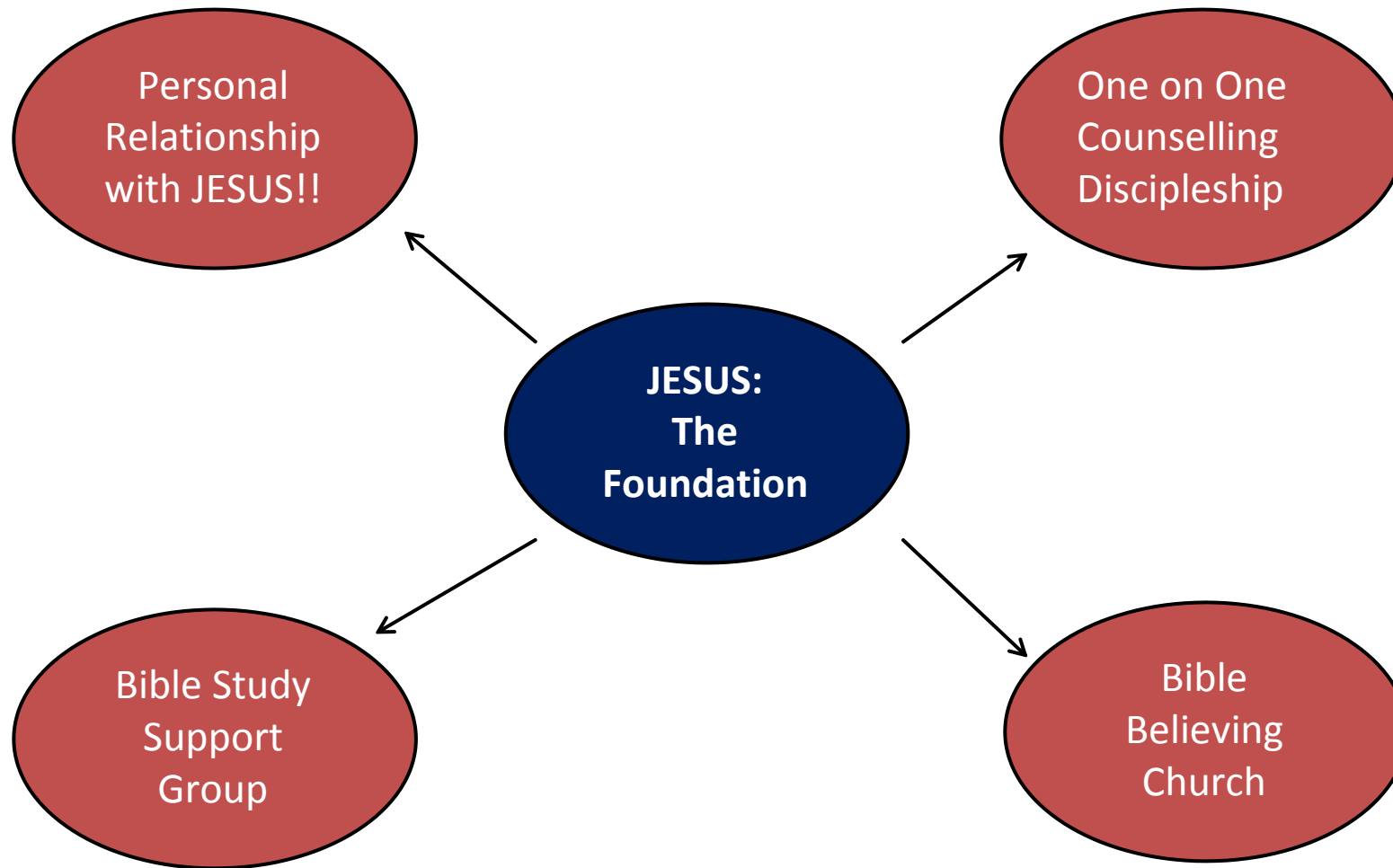
## **Steps To Freedom in Christ for Children**

**You will be taking a very thorough inventory of your life in order to make a rock-solid commitment to the truth. If your problems stem from another source not covered in these steps, you will have lost nothing by going through them. If you are open and honest during this time, you will greatly benefit by becoming right with God and close to Him once again.**

**May the Lord greatly touch your life during this time. He alone can and will give you the grace to make it through. Lean on His strength and wisdom, not on your own. It is crucial that you work through all seven steps during this session. Take short breaks as you need them, but don't allow yourself to become discouraged and give up.**

**Remember, the freedom that Christ purchased for all believers on the cross is meant for you!!!**

## “The Path to Freedom in Christ”



# **A. Leading A Young Child to Freedom In Christ (*Ages 0 to 8*)**

## **1. A Child's Faith**

- **A young child may not be able to read the following Steps, so the parent, pastor, or counselor will have to share with them what they must do. The best thing going for us here is the child's simple faith you and in God. When you tell them that God loves them, that God is bigger and more powerful than the devil, the child believes it and accepts it as truth. Children at this age will seldom question what a responsible adult shares with them. You cannot over-emphasize the love of God and His powerful presence in their life. Children in the Lord have the same authority adults do so they can resist the devil. Simply have the child tell the evil presence to leave "in Jesus' name".**
- **Every child has an active imagination that is fertile ground for creativity. It can also be fertile ground for the enemy. If they have an imaginary friend that talks back to them, they have tapped into something they need to renounce. New Age proponents are actually promoting such thinking, and advocating the acquisition of spirit guides for little children.**

# **A. Leading A Young Child to Freedom In Christ (*Ages 0 to 8*)**

## **2. A Child's Fear**

- **Take seriously the fearful comments of a child! If they complain of horrible nightmares, or experiences in their room that frighten them, encourage them to share all their experiences without judging them. If we ignore or make light of their experiences, they will conclude that we don't care or understand. In either case they may never share again. That's the worst thing that can happen, because Satan's influence may continue unquestioned and unchecked in their life. Take responsibility for your child by reminding them of their authority in Christ and by taking a stand against the enemy in prayer.**

# **A. Leading A Young Child to Freedom In Christ (*Ages 0 to 8*)**

## **3. A Parent's Prayer of Faith**

- **We encourage you to place your hands on your child and pray something like the following:**

Dear Heavenly Father, I bring my child before you. I declare myself and my family to be under Your authority. I acknowledge my dependency upon You, for apart from Christ I can do nothing. I ask for Your protection during this time of prayer.

Since I am in Christ, and seated with Him in the heavenlies, I take authority over all that You have entrusted to me. I declare my child to be eternally signed over to the Lord Jesus Christ. I renounce any and all assignments that Satan has on my child. I accept only the will of God for myself and my family. I now command Satan and all his demons to leave my child.

I ask for a hedge of protection around my child and my home. I submit myself to You and ask You to fill me with Your Holy Spirit, and I dedicate myself and my child as temples of the living God. I ask this in the precious name of Jesus, my Lord and Saviour. Amen.

## **B. Leading an Older Child to Freedom In Christ (*Ages 9 to 12*)**

### **1. Processing the Steps**

- **The following Steps are outlined for a child around the age of 9 years through 12 years. At this age the child can be guided by a trusted person with a parent in attendance, or the parent can lead their child through the Steps.**
- **For youth 13 years and older, we suggest that they go through the Steps to Freedom outlined in *The Bondage Breaker, Youth Edition*. You may also obtain these Youth Steps in booklet form from Freedom In Christ Canada. (see address on this file)**
- **Throughout the following Steps the child will be asked to pray prayers of confession and renunciation. Make sure they understand the meaning of these two terms. To confess means to admit an activity openly and agree with God that it is wrong. To renounce is to turn away from the wrong and determine not to do it again.**



# **B. Leading an Older Child to Freedom In Christ (*Ages 9 to 12*)**

## **2. The Procedure**

- The procedure of the following Steps comes almost exclusively from the New Testament epistles. Satan was not defeated prior to the cross, so deliverance required an outside agent with special authority such as an apostle (Luke 9:1). But after Satan's defeat at the cross, the responsibility of spiritual freedom shifted from the outside agent to the individual. Each of us, including your child, is responsible to walk in spiritual freedom. You can't put on the armour of God for your child, you can't believe for them, resist the devil for them, confess, or forgive for them. All you can do is pray for them and help them understand what they must do in order to live a responsible life, stand against Satan, and experience the freedom that Christ purchased for them on the cross.**
- The parent, pastor, or counselor working with the child must be sure of their own identity and freedom in Christ before trying to help the child. You cannot impart what you do not possess. If you are not free yourself, you need to walk through the Steps before trying to help the child to do so.**

## **B. Leading an Older Child to Freedom In Christ (*Ages 9 to 12*)**

- **Even though the child may struggle through these Steps, they will learn a valuable lesson in the process, that they can win a spiritual battle whenever they are under attack. They need to learn for themselves how to resist Satan and call upon the Lord.**
- **In order for the child to cooperate with the process of gaining their freedom, they must know that they are not the problem, but that they have a problem for which they must assume their own responsibility.**
- **For this process to work, you must have the child's cooperation to share with you any mental opposition or thoughts they are having that are in direct opposition to what you are attempting to do. The power of Satan is in the lie. As soon as the lie is exposed, the power is broken. The control center is the mind, and if Satan can get them to believe a lie he can control their lives. Thoughts like, "This isn't going to work," or "God doesn't love me!" can interfere only if they believe these lies. Your goal is to help them get rid of those lying voices.**

## **B. Leading an Older Child to Freedom In Christ (*Ages 9 to 12*)**

- **Children will be set free by what they do, not what you do. Because Satan is under no obligation to obey our thoughts, children must pray the prayers out loud, and assume personal responsibility to resolve the issues standing between themselves and God. Interference is common during the early stages of the Steps To Freedom, but you can gain enough control by exercising your authority to assist the child in becoming free enough to do what he or she must do to get right with God.**
- **The parent, pastor, or counselor is only the facilitator in the process. Children under attack must pray the prayers themselves. It is not what you do that sets them free, it is what they choose to renounce, confess, forgive, etc.**

## **B. Leading an Older Child to Freedom In Christ (*Ages 9 to 12*)**

- **Trust is an essential prerequisite. If children trust you they will believe what you say. Trust must be preceded by your assurance that they are accepted, significant and secure. The child has a greater chance of finding freedom from all of the lies they have believed when they feel safe.**
- **Be careful to use terms relevant to the child's age which they can understand. Discuss the concept of authority and being subject to with the child.**

# **B. Leading an Older Child to Freedom In Christ (*Ages 9 to 12*)**

## **3. Preparation**

- **Begin the Steps by having the leader pray out loud and authoritatively:**

## **B. Leading an Older Child to Freedom In Christ (*Ages 9 to 12*)**

Dear Heavenly Father,

We acknowledge Your presence in this room and in our lives. You are everywhere, You are all powerful, and You know all things. We need you, and we know that we can do nothing without You.

We believe the Bible because it tells us what is really true. We refuse to believe the lies of Satan. We ask You to rebuke Satan, and place a hedge of protection around this room so we can do Your will.

Because we are children of God, we take authority over Satan and command Satan to release (child's name) in order that (child's name) can know and choose to do the will of God.

In the name of Jesus, we command Satan and all His forces to be bound and silenced within (child's name) so they cannot inflict any pain or in any way prevent God's will from being accomplished in (child's name)'s life.

We ask the Holy Spirit to fill us and direct us into all truth. In Jesus' name we pray. Amen.

## **B. Leading an Older Child to Freedom In Christ (*Ages 9 to 12*)**

- **The child may experience demonic interference during the early stages of the Steps. Watch them closely, especially their eyes. If they start to drift away mentally, ask them what they are hearing or seeing inside. Be aware that they may experience headache or nausea. Usually the mental and/or physical interference will stop when they talk about it. If not, pray again for Satan to release the child.**
- **If there is excessive interference, slow down so the child can stay with you. Take a break and have the child get up and walk around to help refocus their mind. Remember, prayer is our weapon against such attacks. You have sufficient control by exercising your authority in Christ to help the child do what they must do to gain their freedom. Through this process the child will learn to resist Satan and call upon the Lord for himself.**

# Step One: Renouncing Spiritual Counterfeits

**Have the child pray out loud:**

Dear Heavenly Father,

I ask You to help me remember anything that I have done that is spiritually wrong. If someone has done something to me that is wrong, would You also help me to remember that. I ask this in Jesus' name. Amen.



# Step One:

## Renouncing Spiritual Counterfeits

Put a check by anything that was done (this list is partially complete):

- |  |  |
|--|--|
| <input type="checkbox"/> Astral-projection       | <input type="checkbox"/> Ouija board                     |
| <input type="checkbox"/> Table lifting           | <input type="checkbox"/> Automatic writing (in a trance) |
| <input type="checkbox"/> Fortune telling         | <input type="checkbox"/> Palm reading                    |
| <input type="checkbox"/> Put spells or curses    | <input type="checkbox"/> Spirit guides on people         |
| <input type="checkbox"/> Tarot cards             | <input type="checkbox"/> Hypnosis                        |
| <input type="checkbox"/> Black and white magic   | <input type="checkbox"/> Séance                          |
| <input type="checkbox"/> Blood pacts             | <input type="checkbox"/> Bloody Mary                     |
| <input type="checkbox"/> Dungeons & Dragons      | <input type="checkbox"/> Music that is anti-Christian    |
| <input type="checkbox"/> Non-Christian religions | _____  |
| <input type="checkbox"/> Other experiences       | _____  |

# **Non-Christian Spiritual Checklist**

**(Check all those that you have participated in)**

## **ORGANIZED RELIGIONS**

- **Christian Science**
- **The Way International**
- **Unification Church  
(Moonies)**
- **Mormonism  
(Latter Day Saints)**
- **Church of the Living Word**
- **Jehovah Witness  
(Watch Tower)**
- **Children of God  
(Children of Love)**
- **Swedenborgianism**
- **Unitarianism/Universalism**
- **Masons/Eastern  
star/Rebeccas/Job's  
Daughters/deMoley**
- **The Forum (EST)**
- **Native American Spirit  
Worship**
- **Church of Scientology**
- **Buddhism (including Zen)**
- **Hare Krishna**
- **Baha'ism**
- **Rosicrucianism**
- **Mind Science cults**
- **Used mantra(s),  
contemplative or centering  
prayer, labrynth**

# Non-Christian Spiritual Checklist

(Check all those that you have participated in)

## ORGANIZED RELIGIONS

- Science of Creative Intelligence
- Transcendental Meditation
- Hinduism
- Yoga
- Eckankar
- Roy Masters
- Silva Mind Control
- Father Divine
- Theosophical Society
- Islam
- Black Muslim
- Feung Choi  
(balance of nature)
- Voodoo
- Necromancy
- Christadelphians
- Rastapharians
- Other non-Christian religions or cults
- False gods:  
money, sex, power,  
pleasure, certain  
people
- Other

# Non-Christian Spiritual Checklist

(Check all those that you have participated in)

## OCCULT

- Out –of-body experience (astral-projection)
- Ouija Board
- Bloody Mary
- Table or Body Lifting (Levitation)
- Dungeons & Dragons (and similar games)
- Occult or Violent Video or Computer Games
- Magick (game)
- Speaking in Trance
- Automatic writing
- Magic Eight Ball
- Telepathy or mental control of others
- Using spells or curses
- Seances
- Materialization
- Clairvoyance
- Witchcraft/Sorcery/Wicca
- Satanism
- Fortune Telling/Divination
- Tea Leaves
- Tarot Cards
- Palm Reading
- Crystal Ball
- Astrology/Horoscopes/Zodiac Signs

# **Non-Christian Spiritual Checklist**

**(Check all those that you have participated in)**

## **OCCULT**

- **Rod & Pendulum**  
**(Dowsing or water witching)**
- **Hypnosis**  
**(Amateur or Self-induced)**
- **Mental Manipulations/  
Attempts to Swap Minds**
- **Black & White Magic**
- **Martial Arts**  
**(Mysticism/devotion to Sensei)**
- **Blood Pacts or Cutting Yourself  
on Purpose**
- **Telepathy or mental control of  
others**
- **Using spells or curses**
- **Seances**
- **Materialization**
- **Clairvoyance**
- **Witchcraft/Sorcery/Wicca**
- **Satanism**
- **Fortune Telling/Divination**
- **Tea Leaves**
- **Tarot Cards**
- **Palm Reading**
- **Crystal Ball**
- **Objects of Worship,  
Crystals, Good Luck Charms,  
Fetishism**
- **Other**

# Non-Christian Spiritual Checklist

(Check all those that you have participated in)

## OCCULT

- Superstitions
- Sexual Spirits
- Numerology
- Touch Therapy
- Applied Kinesiology
- Iridology
- Reflexology
- Shiatzu
- Rolfing
- Reicki
- Acupuncture
- Violent Movies
- Occult movies/books
- Anti-Christian movies, books, magazines, videos, internet (Stephen King, other violent, sexual, profane movies and games; pornography)

# **Step One:**

## **Renouncing Spiritual Counterfeits**

- 1. Have you ever heard or seen a spiritual being in your room?**
- 2. Have you had an imaginary friend that talks to you?**
- 3. Do you hear voices that talk to you in your head?**
- 4. What other spiritual experiences have you had?**

# Step One: Renouncing Spiritual Counterfeits

After they have shared their involvement with the above have the child pray:

*Dear Heavenly Father,*

*I confess that I have*

---

*I ask Your forgiveness, and I renounce*

---

*In Jesus' Name I pray. Amen.*



## STEP ONE: COUNTERFEIT vs. REAL

Once you have completed your checklist, confess and renounce EACH ITEM you were involved in by praying the following prayer aloud:

Lord, I confess that I have participated in or experienced \_\_\_\_\_. I know that it was evil and offensive in Your sight. Thank You for Your forgiveness. I renounce any and all involvement with \_\_\_\_\_, and I cancel out any and all ground that the enemy gained in my life through this activity. In Jesus' Name, I pray. Amen.

**IDOLS IN OUR LIVES:  
THINGS OR PEOPLE WE'VE MADE "GREATER THAN GOD"**

- **Ambition**
- **Food or any substance**
- **Money/possessions**
- **Computers/games/software**
- **Financial security**
- **Rock stars/media celebrities/athletes**
- **Church activities**
- **TV/movies/music/other media**
- **Sports or physical fitness**
- **Fun/pleasure**
- **Ministry**
- **Appearance/image**
- **Work**
- **Busyness/activity**
- **Friends**
- **Power/control**
- **Boyfriend/girlfriend**
- **Popularity/opinion of others**
- **Spouse**
- **Knowledge/being right**
- **Children / Parents**
- **Hobbies**
- **Sex**
- **Other**

**In the name of the true and living God, Jesus Christ, I renounce my worship of the false god of (name idol). I choose to worship only You, Lord, and ask You, Father, to enable me to keep this area of (name of idol) in its proper place in my life. In Jesus' Name I pray. Amen.**

# **Step One:**

## **Renouncing Spiritual Counterfeits**

### **SPECIAL RENUNCIATIONS**

#### ***1) Satanic Ritual:***

- **Should a child ever have the horrible experience of being subjected to satanic ritual, they will need to renounce their forced or unforced participation as follows:**

# Step One:

## Renouncing Spiritual Counterfeits

### *Kingdom of Darkness*

- I renounce ever signing my name over to Satan or having my name signed over to Satan.
- **I renounce any ceremony where I may have been wed to Satan.**
- I renounce any and all covenants (agreements) with Satan.
- **I renounce any sacrifices that were made for me where Satan would claim ownership of me.**
- I renounce ever giving of my blood in satanic ritual .

### *Kingdom of Light*

- I announce that my name is now written in the Lamb's Book of Life.
- **I announce that I am the Bride of Christ.**
- I announce that I have a new covenant with Christ.
- **I announce that I belong to God because of the sacrifice of Jesus on the cross for me.**
- I trust only in the shed blood of Jesus for my salvation.

# Step One:

## Renouncing Spiritual Counterfeits

### *Kingdom of Darkness*

- **I renounce ever eating of flesh or drinking of blood for Satanic worship.**
- I renounce all guardians and surrogate parents that were assigned to me by Satanists.
- **I renounce every sacrifice made on my behalf by Satanists by which they may claim ownership of me.**
- I renounce any ceremony in which I was assigned to be high priest or priestess for satanic service, and I renounce Satan's possession of me.

### *Kingdom of Light*

- **By faith, I eat only the flesh and drink only the blood of Jesus.**
- I announce that God is my Heavenly Father and the Holy Spirit is my guardian.
- **I announce that Christ is my sacrifice and that I belong to Him since I have been purchased by the blood of the Lamb.**
- I announce that in Christ I am of a chosen race, a royal priesthood, a holy nation. I am a person for God's own possession. I belong to Him.

# **Step One:**

## **Renouncing Spiritual Counterfeits**

### **SPECIAL RENUNCIATIONS**

#### ***2) Eating Disorders:***

- **Children with eating disorders are driven with compulsive thoughts to eliminate things from their body by defecating, vomiting, or cutting themselves. They believe they are purging themselves of evil. Thoughts of suicide are common for these children. Have them renounce this behavior aloud with the following:**

# Step One:

## Renouncing Spiritual Counterfeits

- I renounce cutting myself to purge myself of evil as a Satanic counterfeit.
- **I renounce vomiting to purge myself of evil and reject the lie that I am fat or that my self worth is in my body.**
- I renounce taking laxatives to purge myself of evil by defecating.
- I announce that only the blood of Jesus can cleanse me.
- **I announce that all food created by God is good, and nothing is to be rejected by those who know the truth.**
- I announce that it is not what enters into the mouth that defiles me but what comes from the heart.

# **Step Two: Choosing Truth**

**Have the child pray out loud the following prayer:**

**Dear Heavenly Father,**

**I know that you want the truth from me, and I must be honest with You. I have been fooled by the father of lies, and I have fooled myself. I thought I could hide from You, but You see everything. I pray in the name of the Lord Jesus Christ, that you Heavenly Father will rebuke all of Satan's demons by Your power. Because I have asked Jesus into my life I am Your child. Therefore, I command all evil spirits to leave me. I ask the Holy Spirit to lead me into all truth. I ask You to look right through me and know my heart. Show me if there is anything in me that I am trying to hide, because I want to be free. In Jesus' Name I pray. Amen.**



# **Step Two: Choosing Truth**

**Have the child read out loud the following statement of faith in order to announce their commitment to God's truth:**

- 1. I believe that there is only one true God who is the Father, Son and Holy Spirit. I believe that He made all things and holds all things together.**
- 2. I believe that Jesus Christ is the Son of God who defeated Satan and all his demons.**
- 3. I believe that God loves me so much that He had His own Son go to the cross and die for all my sins. Jesus delivered me from Satan because He loves me, not because of how good or bad I am.**
- 4. I believe I am spiritually strong because Jesus is my strength. I have the authority to stand against Satan because I am God's child. In order to stay strong, I am going to obey God and believe His word. I put on the armour of God so I can stay strong in the Lord.**

## **Step Two: Choosing Truth**

**5. I believe that I cannot win spiritual battles without Jesus so I choose to live for Him. I resist the devil and command him to leave me.**

**6. I believe that truth will set me free. If Satan tries to put bad thoughts into my mind, I will not pay attention to them. I will not listen to Satan's lying and I will not do what he wants me to do. I believe the Bible is true and I choose to believe it. I choose to speak the truth in love.**

**7. I choose to use my body to do only good things. I will not let Satan into my life by using my body in a wrong way. I believe that what God wants me to do is the best thing for me, and so I choose to do God's will.**

**8. I ask my Heavenly Father to fill me with His Holy Spirit, and guide me into all truth, and make it possible for me to live a good Christian life. I love the Lord my God with all my heart, soul, and mind.**

# **Step Three: Forgiving Others**

**A child or adult who harbors attitudes of unforgiveness is a wide open target for demonic influence. Have the child read the following prayer out loud:**

**Dear Heavenly Father,**

**I thank You for Your kindness, and patience and love for me. I know that I have not been very loving and patient toward others, especially those who I don't like. I have been thinking bad thoughts about other people, and storing bad feelings. I ask You to bring to my mind those people that I need to forgive. I ask this in the wonderful name of Jesus who will heal me from my hurts. In Jesus' wonderful name I pray. Amen.**

## **Step Three: Forgiving Others**

- **To illustrate: forgiving is like removing all the *fish hooks* that others have put in us. This is hard because you have to remember all the pain, but when you are done you are no longer hooked to them.**
- **Forgiveness is believing that God will judge the other person in the right way, and heal us from the pain they have caused us. To forgive from the heart, we need to admit to the hurt and the hate.**

# Step Three: Forgiving

Make a list of names they need to forgive. Be sure they know that forgiving people who have hurt us is God's way of setting us free from them. Unless we forgive, they still hurt us.

Names:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Names:

6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

# Step Three: Forgiving

- **Have them go through the list of names saying,**  
“Lord, I thank You that, with Your power and help, I can forgive as You have forgiven me. I forgive (name) for (say every painful thing that you remember that was done to you. Here are some words to help describe the painful emotions: “ashamed, unloved, terrible, embarrassed, silly, alone, dirty, ugly, helpless, used, hurt, scared, .....”). Lord, I now give (name) to You so You can deal with him/her the way You want to. I don’t want (name) to have power over me any more. I forgive (name) and give him/her to You. Thank You for setting me free. I am free. In Jesus’ Name I pray. Amen.
- **Stay with the first person until all the remembered pain has surfaced and been forgiven, then go on to the next person.**

# Step Three: Forgiving

- **The child may also need to forgive God. When we expect God to act in a certain way and He doesn't we can get angry. Those feelings can become a wall between us and God, so we must let them go.**

**Father God, I always thought You (tell what you thought about God). I'm sorry I was wrong. Please forgive me. I now know that You love me, accept me, and want good for me. You are a loving and caring father. Thank You for forgiving me. I am so thankful for Your forgiveness and love. I love You. In Jesus' Name I pray. Amen.**

## Step Three: Forgiving

- The child may need to forgive themselves. Forgiving yourself means accepting God's cleansing and forgiveness.

- Have them say,

“Lord, I forgive myself for (specify every painful thing that you remember that you did to yourself or thought about yourself)”.

Lord, I accept Your cleansing and forgiveness. I thank You that You have made me clean and You have forgiven me. I am Your child and You love me deeply. In Jesus' Name I pray. Amen.

- The following are words to help describe the painful emotions:  
ashamed, unloved, embarrassed, terrible, silly, alone, dirty, ugly, helpless, used.....



# **Step Four:**

## **Confessing and Renouncing Rebellion**

**Have the child pray the following prayer aloud:**

**Dear Heavenly Father,**

**You have said in the Bible that rebellion is the same thing as witchcraft, and disobedience is like honouring other gods. I know that I have disobeyed and rebelled in my heart against You and others that You have put in authority over me. I ask for Your forgiveness for my rebellion, and by the shed blood of the Lord Jesus Christ I resist all evil spirits who took advantage of my rebellion. In Jesus' Matchless Name I pray. Amen.**

# **Step Five: Confessing and Renouncing Pride**

**Have the child pray the following prayer aloud:**

**Dear Heavenly Father,**

**I confess that I have thought only of myself. Many times I don't think of others. I have believed that I am the only one who cares about me, so I have to take care of myself. I have turned away from You, and not let You love me. I am tired of living for myself and by myself. I renounce the self life, and ask that You fill me with Your Spirit so that I can do Your will. By giving my heart to You, I stand against all the ways that Satan would attack me. I ask You to show me how to live for others. I now choose to make others more important than myself, and You the most important of all. I ask this in the name of Jesus Christ. Amen.**

# **Step Six: Confessing & Renouncing Other Known Sins**

**For a list of sins read; Mark 7:20-23, Galatians 5:19-21, Ephesians 4:25-31. Then have the child pray the following prayer aloud:**

**Dear Heavenly Father,**

**I agree with You that I have done some bad things. I ask You to help me to know all the things that I have done which are wrong. I now confess that I have:**

**(list all known sins)**

**I thank You for forgiving me for all my sins. I now command Satan to leave me, and I choose to live the right kind of life so that I can be free. In Jesus' name. Amen.**

## STEP SIX: BONDAGE vs. FREEDOM

Stealing  
Quarreling/fighting  
Jealousy/envy  
Complaining/criticism  
Sarcasm  
Lustful actions  
Gossip/slander  
Swearing  
Apathy/laziness  
Lying

Hatred  
Anger  
Lustful thoughts  
Drunkenness  
Cheating  
Procrastination  
Greed/materialism  
Gambling  
Others: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Lord, I confess that I have committed the sin of \_\_\_\_\_.  
Thank You for Your forgiveness and cleansing. I now turn away  
from this sin and turn to You, Lord. Strengthen me by Your Holy  
Spirit to obey You. In Jesus' name, I pray. Amen.

# **Step Seven: Renouncing the Sins of Ancestors**

**Each child can be free from the propensity to commit the same sins their forefathers did.**

**Have the child pray out loud the following prayer of renunciation:**

## STEP SEVEN: CURSES vs. BLESSINGS

**As the Lord brings those areas of family sin to your mind, list them. You will be specifically renouncing them later in this step. Some examples are also below:**

❖ **Alcoholism/ addiction**

❖ **Religious spirit**

❖ **Anger**

❖ **Fear (be specific)**

❖ **Schizophrenia**

❖ **Depression**

❖ **Suicide**

❖ **Hopelessness**

❖ **Passivity**

❖ **Poverty**

❖ **Rebellion**

❖ **Sexual**

**immorality/addiction**

❖ **Pride**

❖ **Greed**

❖ **Stealing**

❖ **Fighting**

❖ **Complaining/criticism**

❖ **Sarcasm**

## STEP SEVEN: CURSES vs. BLESSINGS

**As the Lord brings those areas of family sin to your mind, list them. You will be specifically renouncing them later in this step. Some examples are also below:**

- ❖ Abuse
- ❖ Gambling
- ❖ Insecurity
- ❖ Shame
- ❖ Guilt
- ❖ Unforgiveness (self/others)
- ❖ Perfectionism
- ❖ Rejection
- ❖ Control
- ❖ Bitterness
- ❖ Selfishness
- ❖ Lack of contentment
- ❖ Lack of intimacy
- ❖ Others \_\_\_\_\_

# **Step Seven: Renouncing the Sins of Ancestors**

**Dear Heavenly Father, I come to You as Your child, bought by the blood of the Lord Jesus Christ. I renounce and reject all the sins of my ancestors. I have been set free from the power of darkness and I am now in the kingdom of God's dear Son. Jesus has broken all ties and workings of Satan passed on to me from my ancestors. I have died with Christ, and so I am now alive in Christ, and sit with Him in the spiritual world.**

**Because I am owned by Jesus, I reject any and all ways in which Satan may claim ownership over me. I announce to all the forces of evil that I am forever and completely committed and signed over to the Lord Jesus Christ. I now command every evil spirit that is familiar with my family, and every enemy of the Lord Jesus Christ that is in or around me to leave me forever. I now ask You Heavenly Father to fill me with Your Holy Spirit. I present my body to You so people will know that You live in me. All this I do in the name of the Lord Jesus Christ. Amen.**



**WHAT ABOUT  
TOMORROW?**

# **What About Tomorrow?**

- **Affirm the child's holiness and cleansing and instruct them with the following:**
- **Becoming free and staying free in Christ are two different issues. The battle for your mind will continue. You will still be tempted to do wrong things. Consider the following suggestions to stay free in Christ:**

# What About Tomorrow?

- a. Read your Bible daily.
- b. Go through “one step” each day from this teaching.
- c. Pray daily using prayers at the end of this teaching.
- d. Talk to God throughout the day.
- e. If you get scared or overwhelmed, say,  
“I renounce you Satan and your demons. Get away from me in Jesus’ Name. Father God, come and fill me with Your Spirit now. In Jesus’ Name I pray. Amen.  
Then believe that God is filling you with His Spirit.
- f. Praise God, thank God, bless God, love God. God is good!!!!

# **What About Tomorrow?**

- a. Make sure you have the right kind of friends.**
- b. Always think and speak the truth in love.**
- c. Read your Bible and pray every day.**
- d. Honour your Mother and your Father.**
- e. Obey all those who have authority over you.**
- f. Don't let problems build up. Share your struggles with an adult you can trust.**
- g. Don't try to live the Christian life by yourself.**
- h. Always call upon God when you think you are under attack.**
- i. If something tries to scare you,  
tell it to leave in the name of Jesus.**

# **SEEKING THE FORGIVENESS OF OTHERS (Matt.5:23-26)**

**(Get counsel how to do this when you are ready)**

## SEEKING THE FORGIVENESS OF OTHERS (Matt.5:23-26)

**“Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. (24) First go and be reconciled to your brother; then come and offer your gift. (25) Settle matters quickly with your adversary who is taking you to court. Do it while you are still with him on the way, or he may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison. (26) I tell you the truth, you will not get out until you have paid the last penny. (Matthew 5:23-26)**

**STOP:** Leave your gift there in front of the altar.

**GO:** First go

**YIELD:** And be reconciled to your brother.

**U-TURN:** Then come and offer your gift.

## **SEEKING THE FORGIVENESS OF OTHERS (Matt.5:23-26)**

**Matthew 5:23-26 is the key passage on seeking forgiveness. Several points in these verses bear emphasizing:**

**The worshiper, coming before God to offer a gift, “remembers” that someone has something against him. The Holy Spirit is the One who brings to his mind the wrong he has done.**

**Only the actions that have hurt another person need to be confessed to them. If you have had jealous, lustful or angry thoughts toward another which they don’t know about, these are to be confessed to God alone.**

**An exception to this principle occurs when restitution needs to be made. If you stole or broke something, damaged someone’s reputation, etc., you need to go to that person and make it right even if they are unaware of what you did.**

## The Process of Seeking Forgiveness

- 1. Write out what you did wrong and why you did it.**
- 2. Make sure you have already forgiven that person for whatever they may have done to you.**
- 3. Think through exactly how you will ask him or her to forgive you.**

### **Be sure to:**

- a. Label your action as “wrong”.**
- b. Be specific and admit what you did.**
- c. Make no defenses or excuses.**
- d. Do not blame the other, and do not expect or demand that they ask you for your forgiveness.**
- e. Your confession should lead to the direct question: “Will you forgive me?”**



## The Process of Seeking Forgiveness

4. **Seek the right place and the right time to approach the offended person.**
5. **Ask for forgiveness in person with anyone with whom you can talk face-to-face with the following exception: DO NOT go alone when your safety is in danger.**
6. **Except where no other means of communication is possible, DO NOT write a letter.**
  - a. **A letter can be very easily misread or misunderstood.**
  - b. **A letter can be read by the wrong people, those having nothing to do with the offense or the confession.**
  - c. **A letter can be kept when it should have been destroyed.**
7. **Once you sincerely seek forgiveness, you are free, whether the other person forgives you or not (Romans 12:18)**
8. **After forgiveness, fellowship with God in worship (Matthew 5:24).**

**DAILY  
DECLARATIONS  
AND PRAYERS**

## **ARMOUR OF GOD**

**Good morning Father! Good morning Jesus! Good morning Holy Spirit!**

**Today Heavenly Father, according to Your Word,  
I present my body to You as a living sacrifice,  
holy and acceptable in Your sight.**

**Because I am not attending against flesh and blood,  
but against principalities, powers, world rulers of this present darkness,  
and spiritual hosts of wickedness in heavenly places,**

**I take the whole armour of God  
so that I am be able to withstand in the evil day.**

**So today I stand and gird my loins with truth.**

**I put on the breastplate of righteousness.**

**I shod my feet with the preparation of the Gospel of peace.**

**Above all these, I take the shield of faith  
to quench all the flaming darts of the evil one.**

**I take the helmet of salvation and the Sword of the Spirit,  
which is the Word of God.**

## **ARMOUR OF GOD**

**I pray at all times in the Spirit with all prayer and supplication  
for all God's family and for me**

**that I may open my mouth boldly to proclaim the Gospel.**

**The weapons of my warfare are not worldly  
but have divine power to destroy strongholds.**

**Today I destroy obstacles and every proud obstacle  
to the knowledge of God**

**and take every thought captive to obey Christ.**

**Thank you Lord, that according to Your Word  
the glory of the Lord is my rear guard.**

**I praise You and thank You for the armor of light**

**You have provided for me this day.**

**I am completely covered now.**

**Upon Jesus I have built my life.**

**The gates of hell shall not prevail against me.**

## **ARMOUR OF GOD**

**Jesus I apply Your precious Blood to my life,  
my family, my home, and all my possessions.**

**You are my Shepherd and I shall not want.**

**You have supplied all my needs  
according to Your riches in glory.**

**I can do all things through Christ who strengthens me.**

**I praise You for walking in divine health  
for You are my God who heals all my diseases.**

**I praise You and thank You for my prosperity  
and good health even as my soul prospers.**

**For the joy of the Lord is my strength.**

## **ARMOUR OF GOD**

**Father, I have prayed according to Your Word.  
You said You would watch over Your Word to perform it.  
I am reminded that every word spoken becomes a living thing –  
either to minister life or death and destruction.  
Jesus, let my meditation be sweet to You  
as I will rejoice in You all day.  
Just rise up and live big within me.  
For I am Yours and You are mine.  
In the Mighty Name of Jesus I pray. Amen.  
*(PRAY THIS PRAYER EVERY MORNING)***

**AUTHOR UNKNOWN**

From Agape Banners at: <http://www.agapebanners.com>

## **PRAYERS TO PRAY**

### **For General Living**

**Dear Heavenly Father, You are my Lord. I know that You love me and that You will never leave me nor forsake me. You are the only true and living God that is worthy of worship. You are kind and loving in all Your ways. I love You and I thank You that I am alive in Christ. I submit myself to You and ask You to fill me with Your Holy Spirit in order to live my life free from sin. I choose to believe the truth which You have given us in the Bible, and I reject all the lies of Satan. I refuse to be discouraged because You are a God of all hope. I believe that you will meet my needs as I seek to obey You. I believe that I can do everything You want me to do because Jesus is my strength.**

**I submit to God and I resist the devil. I stand against Satan and all his lies, and I command him and all his demons to leave me. I put on the armour of God by believing and speaking the truth. I believe that Jesus is my protection because He never sinned and He took my sin on Himself. I commit myself to be a peacemaker and take the truth of the Bible and use it against all of Satan's dirty tricks.**

**I submit my body as a living sacrifice to God, and I am going to keep studying the truth so I can prove that what God wants me to do is good and perfect for me. I do all this in the name of Jesus. Amen.**

# DAILY DECLARATIONS AND PRAYERS

## DAILY PRAYER AND DECLARATION (for an individual)

Dear Heavenly Father, I praise You and honour You as my Lord. You are in control of all things. I thank You that You are always with me and will never leave me nor forsake me. You are the only all-powerful and only wise God. You are kind and loving in all Your ways. I love You and thank You that I am united with Christ and spiritually alive in Him. I choose not to love the world or the things in the world, and I crucify the flesh and all its passions.

Thank You for the life I now have in Christ. I ask You to fill me with the Holy Spirit so I may say “no” to sin and “yes” to You. I declare my total dependence upon You and I take my stand against Satan and all his lying ways. I choose to believe the truth of God’s Word despite what my feelings may say. I refuse to be discouraged because You are the God of all hope. Nothing is too difficult for You. I am confident that You will supply all my needs as I seek to live according to Your Word. I thank You that I can be content and live a responsible life through Christ who strengthens me.

I now take my stand against Satan and command him and all his evil spirits to depart from me. I choose to put on the full armour of God so I may be able to stand firm against all the devil’s schemes. I submit my body as a living and holy sacrifice to God and I choose to renew my mind by the living Word of God. By so doing I will be able to prove that the will of God is good, acceptable and perfect for me. In the name of my Lord and Saviour, Jesus Christ. Amen.



## **DAILY DECLARATIONS AND PRAYERS**

### **DAILY PRAYER AND DECLARATION (for a family or group)**

Dear Heavenly Father, we praise You and honor You as our Lord. You are in control of all things. We thank You that You are always with us and will never leave us nor forsake us. You are the only all-powerful and only wise God. You are kind and loving in all Your ways. We love You and thank You that we are united with Christ and spiritually alive in Him. We choose not to love the world or the things in the world, and we crucify the flesh and all its passions.

Thank You for the life we now have in Christ. We ask You to fill us with the Holy Spirit so we may say “no” to sin and “yes” to You. We declare our total dependence upon You and we take our stand against Satan and all his lying ways. We choose to believe the truth of God’s Word despite what our feelings may say. We refuse to be discouraged because You are the God of all hope. Nothing is too difficult for You. We are confident that You will supply all our needs as we seek to live according to Your Word. We thank You that we can be content and live a responsible life through Christ who strengthens us.

We now take our stand against Satan and command him and all his evil spirits to depart from us. We choose to put on the full armor of God so we may be able to stand firm against all the devil’s schemes. We submit our bodies as a living and holy sacrifice to God and we choose to renew our minds by the living Word of God. By so doing we will be able to prove that the will of God is good, acceptable and perfect for us. In the name of our Lord and Savior, Jesus Christ. Amen.

## **PRAYERS TO PRAY**

### **When Under Attack**

**A child may sense a presence in their room and be frightened. It is important to teach the child that when they are under attack, the best approach is for them to declare the truth of who they are in Christ. They should verbally declare something like:**

***“I am a child of God and the evil one cannot touch me.”***

**(paraphrase of 1 John 5:18)**

**Often by simply speaking the name of Jesus, the presence will leave. They should know that Jesus has defeated Satan and will protect them from Satan’s attacks. “Jesus Saves”!!!**

## **DAILY DECLARATIONS AND PRAYERS**

### **CLEANSING HOME/APARTMENT/ROOM (for an individual)**

**After removing and destroying all objects of false worship, pray aloud in every room if necessary:**

**Heavenly Father, I acknowledge that You are the Lord of heaven and earth. In Your sovereign power and love, You have given me all things richly to enjoy. Thank You for this place to live. I claim my home as a place of spiritual safety for me (and my family) and protection from all the attacks of the enemy. As a child of God, raised up and seated with Christ in the heavenly places, I command every evil spirit claiming ground in this place, based on the activities of past or present occupants including me, to leave and never return. I renounce all curses and spells directed against this place. I ask You, Heavenly Father, to post Your holy, warring angels around this place to guard it from any and all attempts of the enemy to enter and disturb Your purposes for me (and my family). I thank You, Lord, for doing this in the name of the Lord Jesus Christ. Amen.**

## **DAILY DECLARATIONS AND PRAYERS**

### **CLEANSING HOME/APARTMENT/ROOM (for a family or group)**

**After removing and destroying all objects of false worship, pray aloud in every room if necessary:**

**Heavenly Father, we acknowledge that You are the Lord of heaven and earth. In Your sovereign power and love, You have given us all things richly to enjoy. Thank You for this place to live. We claim our home as a place of spiritual safety for us (and our family) and protection from all the attacks of the enemy. As children of God, raised up and seated with Christ in the heavenly places, we command every evil spirit claiming ground in this place, based on the activities of past or present occupants including us, to leave and never return. We renounce all curses and spells directed against this place. We ask You, Heavenly Father, to post Your holy, warring angels around this place to guard it from any and all attempts of the enemy to enter and disturb Your purposes for us (and our family). We thank You, Lord, for doing this in the name of the Lord Jesus Christ. Amen.**

## **DAILY DECLARATIONS AND PRAYERS**

### **LIVING IN A NON-CHRISTIAN ENVIRONMENT**

**(for an individual in a motel/room/etc.)**

**After removing and destroying all objects of false worship from your possession, pray aloud in the place where you live:**

**Thank You, Heavenly Father, for a place to live and to be renewed by sleep. I ask You to set aside my room (my portion of this room) as a place of spiritual safety for me. I renounce any allegiance given to false gods or spirits by other occupants. I renounce any claim to this room (space) by Satan based on the activities of past or present occupants, including me. On the basis of my position as a child of God and joint heir with Christ who has all authority in heaven and on earth, I command all evil spirits to leave this place and never return. I ask You, Heavenly Father, to station Your holy, warring angels to protect me while I live here. In Jesus' mighty name, I pray. Amen.**

## **DAILY DECLARATIONS AND PRAYERS**

### **LIVING IN A NON-CHRISTIAN ENVIRONMENT**

**(for a family or group in a motel/room/etc.)**

**After removing and destroying all objects of false worship from your possession, pray aloud in the place where you live:**

**Thank You, Heavenly Father, for a place to live and to be renewed by sleep. We ask You to set aside our room (our portion of this room) as a place of spiritual safety for us. We renounce any allegiance given to false gods or spirits by other occupants. We renounce any claim to this room (space) by Satan based on the activities of past or present occupants, including us. On the basis of our position as a child of God and joint heir with Christ who has all authority in heaven and on earth, we command all evil spirits to leave this place and never return. We ask You, Heavenly Father, to station Your holy, warring angels to protect us while we live here. In Jesus' mighty name, we pray. Amen.**

## **PRAYERS TO PRAY**

### **Bedtime Prayer (from Psalm 91)**

**Dear God, I thank You that You are my Heavenly Father. I thank You for being in my life and in my room and everywhere I go. I know that You are always with me and will never leave me. I commit myself to You and ask for Your protection. I trust You, and I know that if I'm ever afraid that I can always call upon You to rescue me. I ask You to protect my mind tonight when I am sleeping. Please bless our home, my parents, and protect them too. I love You. I pray this in the name of Jesus. Amen.**

## **DAILY DECLARATIONS AND PRAYERS**

### **BEDTIME PRAYER (for an individual)**

**Thank You, Lord, that You have brought me into Your family and have blessed me with every spiritual blessing in the heavenly places in Christ Jesus . Thank You for this time of renewal and refreshment through sleep. I accept it as one of Your blessings for Your children and I trust You to guard my mind and my body during my sleep.**

**As I have thought about You and Your truth during the day, I choose to let those good thoughts continue in my mind while I am asleep . I commit myself to You for Your protection against every attempt of Satan and his demons to attack me during sleep. Guard my mind from nightmares. I renounce all fear and cast every anxiety upon You, Lord. I commit myself to You as my rock, my fortress and my strong tower . May Your peace be upon this place of rest now. In the strong name of the Lord Jesus Christ, I pray. Amen.**



## **DAILY DECLARATIONS AND PRAYERS**

### **BEDTIME PRAYER (for a family or group)**

**Thank You, Lord, that You have brought us into Your family and have blessed us with every spiritual blessing in the heavenly places in Christ Jesus. Thank You for this time of renewal and refreshment through sleep. We accept it as one of Your blessings for Your children and we trust You to guard our minds and our bodies during our sleep.**

**As we have thought about You and Your truth during the day, we choose to let those good thoughts continue in our minds while we are asleep. We commit ourselves to You for Your protection against every attempt of Satan and his demons to attack us during sleep. Guard our minds from nightmares. We renounce all fear and cast every anxiety upon You, Lord. We commit ourselves to You as our rock, our fortress and our strong tower. May Your peace be upon this place of rest now. In the strong name of the Lord Jesus Christ, we pray. Amen.**

**PRAYERS**  
**“BY”**  
**CHILDREN**

## **PRAISE**

**You are holy, my only God and Your deeds are wonderful.**

**You are strong. You are great. You are the Most Almighty.**

**You, Holy Father, are King of heaven and earth.**

**You are Three and One, Lord God, all Good.**

**You are Good, All Good, Supreme Good,**

**Lord God, living and true.**

**You are my love. You are my wisdom. You are my humility.**

**You are my endurance. You are my rest. You are my peace.**

**You are my joy and my gladness.**

**You are my justice and my moderation.**

## **PRAISE**

**You are all my riches, You are my gentleness.  
You are my protector, my guardian, and my defender.  
You are my courage. You are my haven and hope.  
You are my faith, and my great consolation.  
You are my eternal life, Great and Wonderful Lord,  
God Almighty, Wonderful and Merciful Savior.  
In Jesus' Name I praise and pray to You. Amen.**

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## **PRAYER FOR HEALING THE WOUNDED SPIRIT**

**I SAY IN THE NAME OF THE LORD JESUS CHRIST THAT MY LIFE IS NOT A MISTAKE. GOD MADE ME OUT OF THE LOVE THAT HE IS. HE CALLED ME INTO BEING AT THE RIGHT TIME AND THE RIGHT PLACE. HE PREPARED A WAY FOR ME AND GAVE HIS LIFE FOR ME. I AM A PRIVILEGE, NOT A BURDEN; A JOY AND A DELIGHT, NOT A DISAPPOINTMENT; I AM NOT AN INTRUSION, I BELONG. I AM A TREASURE JUST BECAUSE I AM, NOT MERELY FOR WHAT I CAN DO. I AM ONE OF GOD'S OWN CHILDREN, AND HE DELIGHTS IN ME. THE LORD IS POURING HIS LOVE IN TO ME. I CHOOSE TO FORGIVE THOSE THAT WOUNDED ME. FORGIVE ME FOR REJECTING THE LIFE YOU PLANNED FOR ME. I ASK, LORD, THAT YOU EMPOWER ME TO CHOOSE LIFE. I CHOOSE LIFE – YOUR LIFE. IN JESUS' NAME I PRAY. AMEN.**

**(MATT.6:12,14-15; 18:21-35; JOHN 20:23)**

**(Unknown)**

## **LORD, TEACH ME TO LOVE MYSELF**

**I CANNOT LOVE ANOTHER, IF I HAVE NO LOVE TO GIVE.  
I CANNOT LIGHT ANOTHER'S WAY, UNTIL I'VE LEARNED TO LIVE.  
I CANNOT LEND A HELPING HAND, UNLESS MY ARM IS STRONG.  
OR TEACH YOU LOVELY MELODIES,  
UNTIL I'VE LEARNED MY SONG.  
I CANNOT TELL MY LOVED ONE,  
TO BE STRONG AND PROUD AND FREE.  
UNLESS I FEEL WITHIN MY HEART,  
THAT'S HOW YOU FASHIONED ME.  
I CANNOT TOUCH YOUR CHILDREN,  
LORD, AND SHOW THEM THAT I CARE.  
UNTIL I LOOK INSIDE MYSELF,  
AND LOVE WHAT I SEE THERE.**

**(Unknown)**

## **A TIME TO RISK**

**To Laugh Is To Risk Appearing The Fool,  
To Weep Is To Risk Appearing Sentimental,  
To Reach Out For Another Is To Risk Involvement.  
To Expose Feelings Is To Risk Exposing Your True Self.  
To Place Your Ideas, Your Dreams Before The Crowd  
Is To Risk Loss,  
To Love Is To Risk Not Being Loved In Return.  
To Live Is To Risk Dying,  
To Hope Is To Risk Despair,  
To Try At All Is To Risk Failure.**

**(next)**

## **A TIME TO RISK**

**But Risk We Must –**

**Because The Greatest Hazard To Life Is To Risk Nothing.**

**The Man Who Risks Nothing;**

**Does Nothing, Has Nothing, Is Nothing.**

**He May Avoid Suffering – But**

**He Simply Cannot Learn, Feel, Change, Grow, Love, Live.**

**Chained By His Attitudes, He Is A Slave;**

**He Has Forfeited Freedom.**

**Only The Person Who Risks Can Be Called A True Man.**

**(Unknown)**



## **“A PRAYER FOR BLESSING”**

**As I seek to cleanse my hands, O God,  
purify my heart and make me acceptable in Your sight.**

**I pray that You would look upon me and bless me.**

**As I humble myself before You, exalt me  
and let Your favour go before me.**

**Spread Your goodness before me.**

**May it accompany Your mercy as it follows me  
in accordance with Your promises.**

**Lord, cause Your face to shine upon me.**

**Let Your blessings overtake me.**

**Grant me peace with all who would set their face against me  
as I walk in peace and fellowship with You.**

**Let no weapon formed against me succeed.**

**Equip me with the strength to do Your will.**

**Bless the work of my hands, and cause me to prosper in all my ways,  
even as my soul prospers.**

## **“A PRAYER FOR BLESSING”**

**Order my steps on paths of promotion as I acknowledge You.  
Grant me the power to gain wealth as I surrender my all to You.  
Most of all, I pray that You grant me wisdom.  
The wisdom to seek You above all things.  
Teach me to be a wise steward of all You grant,  
and let each blessing that You render,  
be an occasion to further glorify Your name in all the earth.  
In the matchless and wonderful name of Jesus I pray. Amen.**

**From the book “How to be Blessed and Highly Favored”  
by Michelle McKinney Hammond**

# DECLARATIONS

## **DECLARATIONS**

### **IN CHRIST**

**Continue to walk in the truth that your identity and sense of worth comes through who you are in Christ. Renew your mind with the truth that your acceptance, security and significance are in Christ alone.**

**We recommend that you meditate on the following truths daily, perhaps reading the entire list aloud, morning and evening, for the next few weeks. Think about what you are reading and let your heart rejoice in the truth.**

## DECLARATIONS

I renounce the lie that I am rejected, unloved, dirty or shameful because  
IN CHRIST I am completely accepted. God says.....

John 1:12

I am God's child.

John 15:5

I am Christ's friend.

Romans 5:1

I have been justified.

1 Cor. 6:17  
Him

I am united with the Lord & am one spirit with

1 Cor. 6:19-20

I have been bought with a price. I belong to God.

1 Cor.12:27

I am a member of Christ's Body.

Eph.1:1

I am a saint, a holy one.

Eph.1:5

I have been adopted as God's child.

Eph.2:18

I have direct access to God through the Holy Spirit.

Col.1:14

I have been redeemed and forgiven of all my sins.

Col.2:10

I am complete in Christ.

## DECLARATIONS

I renounce the lie that I am guilty, unprotected, alone or abandoned because IN CHRIST I am totally secure. God says.....

Romans 8:1-2 I am free forever from condemnation.

Romans 8:28 I am assured that all things work together for good.

Romans 8:31-34 I am free from any condemning charges against me.

Romans 8:35-39 I cannot be separated from the love of God.

2 Cor. 1:21-22 I have been established, anointed, and sealed by God.

Phil. 1:6 I am confident that the good work God has begun in me will be perfected.

Phil. 3:20 I am a citizen of heaven.

Col. 3:3 I am hidden with Christ in God.

2 Tim. 1:7 I have not been given a spirit of fear, but of power, love and a sound mind.

Hebrews 4:16 I can find grace and mercy to help in time of need.

1 John 5:18 I am born of God and the evil one cannot touch me.

## DECLARATIONS

I renounce the lie that I am worthless, inadequate, helpless or hopeless because IN CHRIST I am deeply significant. God says.....

Matthew 5:13-14

I am the salt of the earth and the light of the world.

John 15:1,5

I am a branch of the true vine, Jesus, a channel of His life.

John 15:16

I have been chosen and appointed by God to bear fruit.

Acts 1:8

I am a personal, Spirit-empowered witness of Christ.

1 Cor.3:16

I am a temple of God.

2 Cor.5:17-21

I am a minister of reconciliation for God.

2 Cor.6:1

I am God's co-worker.

Eph.2:6

I am seated with Christ in the heavenly realms.

Eph.2:10

I am God's workmanship, created for good works.

Eph.3:12

I may approach God with freedom and confidence.

Phil.4:13

I can do all things thru Christ who strengthens me!!

## **DECLARATIONS**

**I am not the great “I AM”  
(Exodus 3:14; John 8:24,28,58)**

**“but by the grace of God I am what I am”  
(1 Cor.15:10)**



## RENOUNCING LIES ABOUT YOUR FATHER GOD

I renounce the lie that my Father God is .....

- ❖ Distant and disinterested
- ❖ Insensitive and uncaring
- ❖ Stern and demanding
- ❖ Passive and cold
- ❖ Absent or too busy for me
- ❖ Never satisfied with what I do; impatient or angry
  - ❖ Mean, cruel or abusive
  - ❖ Trying to take all the fun out of life.
  - ❖ Controlling or manipulative
  - ❖ Condemning or unforgiving
  - ❖ Nitpicking, exacting or perfectionistic.
- ❖ Not a good provider, emotionally and/or physically.

## **DECLARING THE TRUTH ABOUT YOUR FATHER GOD**

**I joyfully accept the truth that my Father God is.....**

- **Intimate and involved (Psalm 139:1-18)**
- **Kind and compassionate (Psalm 103:8-14)**
- **Accepting and filled with joy and love (Romans 15:7; Zeph.3:17)**
  - **Warm and affectionate (Isaiah 40:11; Hosea 11:3-4)**
- **Always with me and eager to be with me (Heb.3:5; Jer.31:20; Ezek.34:11-16)**
  - **Patient and slow to anger (Exodus 34:6; 2 Peter 3:9)**
  - **Loving, gentle and protective of me (Jer.31:3; Isaiah 42:3; Psalm 18:2)**
- **Trustworthy and wants to give me a full life, His will is good perfect and acceptable for me (Lam.3:22-23; John 10:10; Romans 12:1-2)**
  - **Full of grace & mercy, and He gives me freedom to fail  
(Heb.4:15-16; Luke 15:11-16)**
- **Tender-hearted and forgiving; His heart and arms are always open to me  
(Psalm 130:1-4; Luke 15:17-24)**
  - **Committed to my growth and proud of me as His growing child  
(Romans 8:28-29; Hebrews 12:5-11; 2 Cor.7:4)**
- **Able and willing to supply all my needs (Phil.4:19; Psa.37:4; Matt.6:33)**

## 20 “Cans” of Success

1. Why should I say I can't when the Bible says I can do all things through Christ who gives me strength? [Philippians 4:13]
2. Why should I worry about my needs when I know that God will take care of all my needs according to His riches in glory in Christ Jesus? [Philippians 4:19]
3. Why should I fear when the Bible says God has not given me a spirit of fear, but of power, love, and a sound mind? [2 Timothy 1:7]
4. Why should I lack faith to allow Christ to live His life through me, when God has given me a measure of faith? [Romans 12:3]
5. Why should I be weak when the Bible says that the Lord is the strength of my life and that I will display strength and take action because I know God? [Psalm 27:1, Daniel 11:32]
6. Why should I allow Satan control over my life when He that is in me is greater than he that is in the world. [1 John 4:4]
7. Why should I accept defeat when the Bible says that God always leads me in victory? [2 Corinthians 2:14]

## 20 “Cans” of Success

8. Why should I lack wisdom when I know that Christ became wisdom to me from God and God gives wisdom to me generously when I ask Him for it? [1 Corinthians 1:30, James 1:5]
9. Why should I be depressed when I can recall to mind God’s loving-kindness, compassion, faithfulness and have hope? [Lamentations 3:21-23]
10. Why should I worry and be upset when I can cast all my anxiety on Christ who cares for me? [1 Peter 5:7]
11. Why should I ever be in bondage knowing that there is liberty and freedom where the Spirit of the Lord is? [2 Corinthians 3:17, Galatians 5:1]
12. Why should I feel condemned when the Bible says there is no condemnation for those who are in Christ Jesus? [Romans 8:1]
13. Why should I feel alone when Jesus said He is with me always and He will never leave me nor forsake me? [Matthew 28:20, Hebrews 13:5]
14. Why should I feel like I’m cursed or the victim of misfortune when the Bible says that Christ rescued me from the curse of the law that I might receive His Spirit by faith? [Galatians 3:13-14]

## 20 “Cans” of Success

15. Why should I be unhappy when I, like Paul, can learn to be content whatever the circumstances? [Philippians 4:11]

16. Why should I feel worthless when Christ became sin for me so that I might become the righteousness of God in Him? [2 Corinthians 5:21]

17. Why should I feel helpless in the presence of others, when I know that if God is for me, who can be against me? [Romans 8:31]

18. Why should I be confused when God is the author of peace and He gives me knowledge through His Spirit who lives in me? [1 Cor. 2:12, 14:33]

19. Why should I feel like a failure when I am more than a conqueror through Christ who loves me? [Romans 8:37]

20. Why should I let the pressures of life bother me when I can take courage knowing that Jesus has overcome the world and its problems? [John 16:33]

## **The Overcomers Covenant in Christ**

- 1. I place all my trust and confidence in the Lord, I put no confidence in the flesh, and I declare myself to be dependent on God.**
- 2. I consciously and deliberately choose to submit to God and resist the devil by denying myself, picking up my cross daily and following Jesus.**
- 3. I choose to humble myself before the mighty hand of God in order that He may exalt me at the proper time.**
- 4. I declare the truth that I am dead to sin, freed from it and alive to God in Jesus Christ, since I have died with Christ and was raised with Him.**
- 5. I gladly embrace the truth that I am now a child of God who is unconditionally loved and accepted. I reject the lie that I have to perform to be accepted, and I reject my fallen and natural identity, which was derived from the world.**

## The Overcomers Covenant in Christ

6. I declare that sin shall no longer be master over me because I am not under the Law but under grace, and there is no more guilt or condemnation because I am spiritually alive in Christ Jesus.

7. I renounce every unrighteous use of my body, and I commit myself to no longer be conformed to this world but rather to be transformed by the renewing of my mind. I choose to believe the truth and walk in it, regardless of my feelings or circumstances.

8. I commit myself to take every thought captive to the obedience of Christ, and I choose to think upon that which is true, honorable, right, pure and lovely.

9. I commit myself to God's great goal for my life to conform to His image. I know that I will face many trials, but God has given me the victory and I not a victim but an overcomer in Christ.

10. I choose to adopt the attitude of Christ, which was to do nothing from selfishness or empty conceit, but with humility of mind I will regard others as more important than myself. I will not merely look out for my own personal interests but also the interests of others. I know that it is more blessed to give than to receive.

*From Overcoming Addictive Behavior by Neil T. Anderson and Mike Quarles*

**PRAYERS**

**“FOR”**

**CHILDREN**

**(Prayer to say “for” children)**



## **Praying for CHILDREN**

### **Baby Dedication**

**Dear Heavenly Father, I thank you for loving me and giving me eternal life in Jesus Christ. I am Your child, purchased by the blood of the Lord Jesus Christ who gave His life for me. I renounce any claim of personal ownership and announce my responsibility to be a good steward of that which you have entrusted to me. I dedicate myself to You as a living sacrifice, and I commit myself to know You and do Your will. I commit myself to bring up my children in the discipline and instruction of the Lord. I know that children are a gift from the Lord, and I dedicate them to You for as long as they shall live. I reject any claim that Satan may have over them; they belong to the Lord Jesus Christ. I renounce any Satanic sacrifices that were offered for my children whereby Satan may claim ownership. I announce that Jesus paid the price for each of my children and they belong to Him. As for me and my house we shall serve the Lord. I do all this in the wonderful name of Christ Jesus my Lord. Amen.**

## **Praying for CHILDREN**

### **For Their Salvation**

**Dear Heavenly Father, I bring my (sons and/or daughters) before You. I stand against the blinding of Satan that would keep them from believing and seeing the light of the gospel of the glory of Christ (2 Corinthians 4:4). I take the authority that is mine because of my position in Christ, and I exercise that authority over Satan in regards to my family and all that You have entrusted to me, Heavenly Father. In the name of Jesus, I take authority over speculation and every lofty thing raised up against the knowledge of God in the minds of my children (2 Corinthians 10:5). I tear down those strongholds and bring their minds into captivity in order to obey Christ. By the authority that I have in Christ and in obedience to the great commission to make disciples, I command Satan to release the minds of my children so that they may obey God. I declare myself and all that You have entrusted to me to be eternally signed over to the Lord Jesus Christ. Based on Your Word according to 1 John 5:16, I am asking You to give spiritual life to my (sons and/or daughters). I pray that You would enable me to be the kind of parent that You want me to be. May I never be the kind of parent that would be a stumbling block to my children. Enable me to be a positive witness and a living epistle for all those who don't know You. I ask this in the name and authority of the Lord Jesus Christ. Amen.**

## **Praying for CHILDREN**

### **For Their Protection**

**Dear Heavenly Father, I ask for Your divine protection for my (sons and/or daughters) as they are absent from me. I pray that You would put a hedge of protection around them so that all harmful influences would be unable to affect them. I commit them to You for Your care, and I assume all my responsibilities for training them in the Lord. I also assume the responsibility for their attitudes and actions that are the result of my training. I ask for Your Holy Spirit to guard their hearts and their minds, and bring to their minds all that they have learned according to Your Word. I pray that when they are tempted You would provide them with a way of escape, and that they would not be led into temptation beyond that which they are able to endure. I ask that the way they live may be a witness to Your presence in their life. May whatever they do be done to the glory of God. I ask this in the precious name of my Lord and Saviour Jesus Christ. Amen.**

## Praying for CHILDREN

### For Their Rebellion

Dear Heavenly Father, I ask in the name of the Lord Jesus Christ and through His shed blood that You would rebuke Satan and prohibit him from having any harmful influence on (my sons and /or daughters). Forgive me for any negative influence that I may have had on them that they would choose to rebel against You. I pray that You would give me the grace to ask their forgiveness for my sin in regards to this matter. I ask for the wisdom and the grace to be the kind of parent that You want me to be. I confess the sins of my children (*list all the known sins*) and assume my responsibility in their actions. I pray that You would build a hedge of thorns around them such that all harmful influences would lose interest, and that my children would come to their senses and return to righteous relationships and living. I pray for the grace to welcome them home or the guidance to find a place of refuge for their good. Teach me to love my children but hate their sin. I ask this in the precious name of Jesus. Amen.

## **Praying for CHILDREN**

### **For Their Future**

**Dear Heavenly Father, I ask for divine guidance for my (sons and/or daughters). I trust that You have already gone before them and prepared a place for them. You have known my children from the foundation of the world. I trust them into Your hands and pray for wisdom as to how I should relate to them in the future. I release them from all my expectations and entrust them to be what You want them to be. I pray for their future spouses and that You would give them wisdom in choosing a life partner. Should You bless them with children, may I be the grandparent that You would want me to be. I pray as Jesus prayed, that you would keep them from the evil one and sanctify them in Your Word for Your Word is truth. I ask this in the name of my Lord and Saviour, Jesus Christ. Amen.**

## Praying for CHILDREN

### For an Adopted Child

Dear Heavenly Father, we thank You for entrusting (*name*) to our care. We declare (*name*) to be under Your authority. We dedicate this child to You, Heavenly Father, and ask for Your protection and guidance stand against all the devices of Satan that would keep this child in bondage. We renounce the sins of this child's ancestors and all curses that have been passed on from generation to generation. We announce that Christ became a curse for this child when He was crucified on the cross. We renounce all Satanic sacrifices that have been made on behalf of this child and renounce any claim of ownership that Satan may have. We announce only the sacrifice of the Lord Jesus Christ as any claim of ownership for (*name*). We pray for a hedge of protection around this child all the days of his/her life. We ask this in the strong name of Jesus who reigns supreme as the sovereign Lord of the universe. Amen.

## **INTERCESSORY PRAYER FOR A SON/DAUGHTER**

**I come to You in the name of Jesus  
on behalf of my son/daughter (their name).**

**I thank You Lord that You have given him/her to me as a heritage  
to love and raise to Your glory.**

**I ask You to forgive me for my failures  
to lead and guide him/her in the way he/she ought to go.**

**I thank You that You are the God that restores  
and brings good out of evil.**

**Take my past failures and use them to Your glory  
as you faithfully draw (their name) to Yourself.**

**I thank You that through You I am mighty  
and can pull down the strongholds of the enemy.**

**I exercise that authority now in the mighty name of Jesus.**

## **INTERCESSORY PRAYER FOR A SON/DAUGHTER**

**And in Jesus' name I bind the powers of darkness  
that would bind (their name) to Your truth  
and I command them to loose him/her now.**

**And Father, in Jesus' name,  
I ask that You would draw (their name)  
to Yourself, convicting him/her of their sin by Your Holy Spirit.**

**I plead the protection and deliverance  
of the Blood of Jesus over (their name)  
and by faith claim (their name) for the Kingdom of God.**

**In Jesus' name I pray. Amen.**

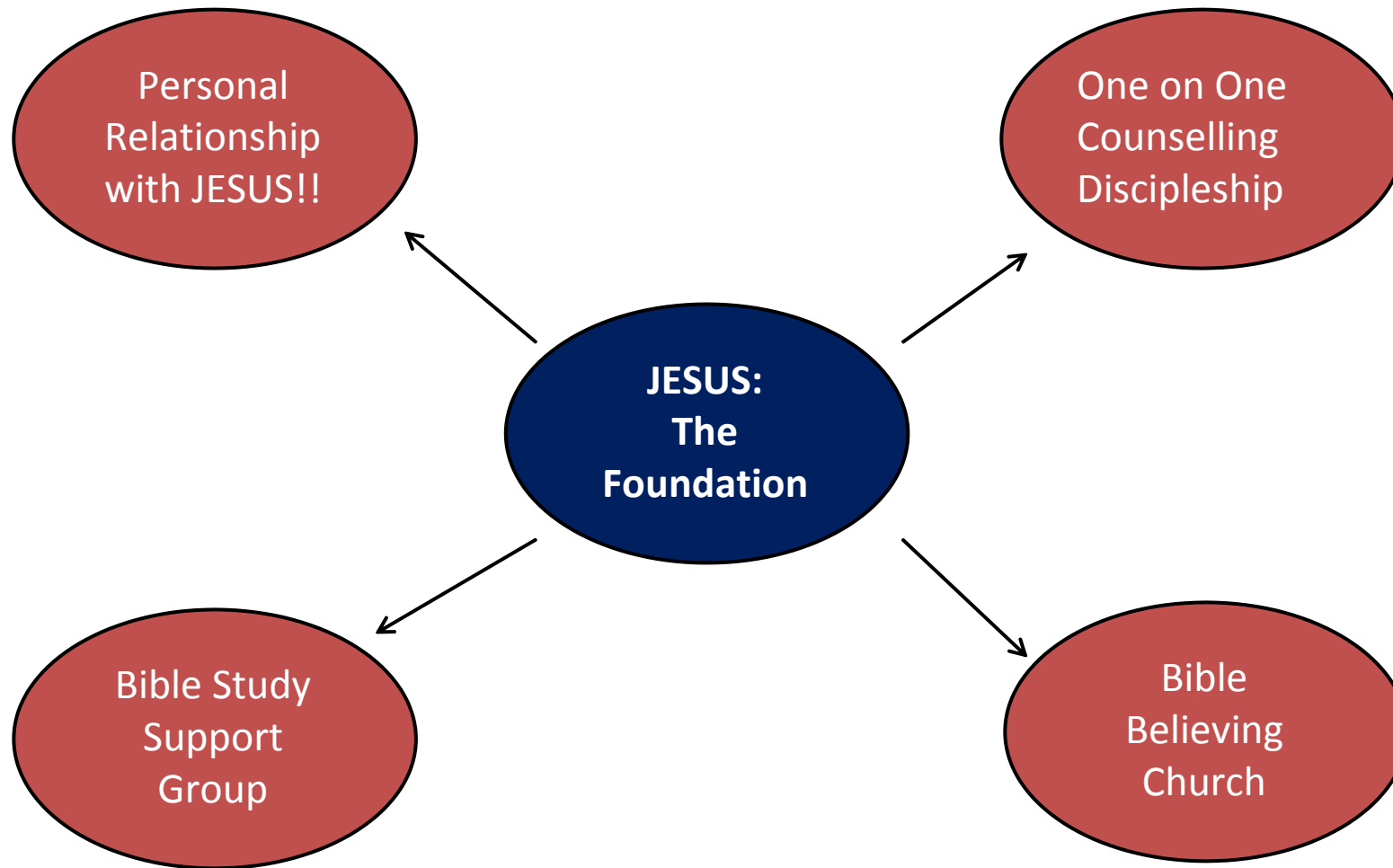
**From the Book "Spiritual Warfare and Your Children"  
by Ray Beeson & Kathi Mills**



## **“BREAKING GENERATIONAL SIN” (IN YOUR FAMILY)**

**Father God, in the mighty name of Jesus Christ, I come to You now and repent on behalf of my family line. Lord, whenever there was the sin of (name the sin) on my father’s or mother’s side, I repent of that sin on behalf of myself and my family, both on the (father’s family name) side and on the (mother’s family name) side. When ever I or my ancestors yielded to this particular sin, even as far back as Adam, I ask You to forgive us as a family and to cleanse the family line of this sin by the Blood of Jesus. When ever You see an invisible soul-tie that connects me with any of those people who yielded to this sin, I now take a sword in the spirit and in the name of Jesus Christ and through the Blood of Jesus Christ I sever that connection in the spirit and I break every unholy soul-tie between myself and those previous generations. And I now place a river of the Blood of Jesus Christ and those generations and render myself free from any unholy influence. I also break any curse that has come to me or my children through generational sins and curses. In Jesus’ name and through His Blood, I ask you to turn the curses into blessings. In Jesus’ name I pray. Amen. (*Pray this prayer each time you identify a generational sin operating in your family*).  
From “Spiritual Warfare and Your Children” by Ray Beeson & Kathi Mills**

## “The Path to Freedom in Christ”



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**“It is for freedom that Christ has set us free;**

**Therefore, keep standing firm**

**and do not be subject again to a yoke of slavery.” (Galatians 5:1)**

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**“He is Altogether Lovely”**