

SALVATION, GROWTH, & HEALING IN CHRIST

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For more resources see: www.altogetherlovely.org/resources

IMPORTANT: The most important thing is to know you are SAVED. If you don't know you have forgiveness of sin and eternal life in Christ please go through THE "ROMANS" ROAD below. You must be born again of the Spirit of God through faith in Jesus Christ – faith in what Jesus did for you on the cross through the shedding of His blood – and faith that you have ETERNAL LIFE (Jesus is Eternal Life) and that you will spend eternity in heaven with Christ. His blood for your forgiveness, His death on the Cross for your death to your old man, and His Resurrection for your new life in Him:

His RESURRECTION LIFE – THE LIFE OF JESUS!!

The "Romans" Road (The Gospel of Jesus Christ)

The Problem of Sin:

Romans 3:23 "For all have sinned and fall short of the glory of God..."

The Wages of Sin:

Romans 6:23a "For the wages of sin is death..."

The Love of God:

Romans 5:8 "But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us."

The Free Gift of Salvation:

Romans 6:23b "But the gift of God is eternal life in Christ Jesus our Lord."

Accepting the Free Gift:

Romans 10:9 "That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved."

Romans 10:13 "For whoever calls on the name of the LORD shall be saved."

If you wish to have forgiveness of sin and eternal life in Christ Jesus, you can pray (from the heart): "Lord Jesus, I agree with Your Word and know I am a sinner and have displeased You in many ways. I believe You died for my sin, and only through faith in Your shed blood shed on the cross can I be forgiven. I also know that only through faith in Your resurrection can I have eternal life in You. I repent and turn from my sin and ask You to come into my heart and life as my Savior and Lord. From this day on, I will follow You by living a life that pleases You through the Power of Your Holy Spirit. Jesus fill me with Your Holy Spirit from the top of my head to the bottom of my feet. Thank you, Lord Jesus, for saving me and filling me with Your Holy Spirit. You are so good!! In Jesus' Name I pray. Amen."

For more resources about salvation see: www.altogetherlovely.org/know-god

DISCLAIMER

This book is not to replace counseling when needed. In fact, we encourage individuals to find trusting Christian counseling and discipleship. Not Christians who counsel but CHRISTIAN COUNSELING making JESUS CHRIST the Center of the process. This material is a "tool" to offer support. Individuals are responsible for their own healing and no one else. It is between you and God. Nobody knows you better than God. In no way does this book claim to replace professional counselors when needed. A professional Christian counselor is something that should be considered between God and the individual. Again, this book offers "laymen" resources for those wanting to grow and heal in Christ.

PRAYERS (MUST BE SAID OUTLOUD)

MORNING PRAYER: Dear Heavenly Father, I praise You and honor You as my Lord. You are in control of all things. I thank You that You are always with me and will never leave me nor forsake me. You are the only all-powerful and only wise God. You are kind and loving in all Your ways. I love You and thank You that I am united with Christ and spiritually alive in Him. I choose not to love the world or the things in the world, and I crucify the flesh and all its passions. Thank You for the life I now have in Christ. I ask You to fill me with the Holy Spirit so I may say “no” to sin and “yes” to You. I believe You are filling my spirit, mind, emotions, and body with You right now. Thank You. I declare my total dependence upon You and I take my stand against Satan and all his lying ways. I choose to believe the truth of God’s Word despite what my feelings may say. I refuse to be discouraged because You are the God of all hope. Nothing is too difficult for You. I am confident that You will supply all my needs as I seek to live according to Your Word. I thank You that we can be content and live a responsible life through Christ who strengthens me. I now take my stand against Satan and command him and all his evil spirits to depart from me. I choose to put on the full armor of God so I may be able to stand firm against all the devil’s schemes. I submit my body as a living and holy sacrifice to God and I choose to renew my mind by the living Word of God. By so doing I will be able to prove that the will of God is good, acceptable and perfect for me. In the name of my Lord and Savior, Jesus Christ. Amen.

CLEANSING ROOM or HOME (to chase away bad spirits):

Heavenly Father, I acknowledge that You are the Lord of heaven and earth. In Your sovereign power and love, You have given me all things richly to enjoy. Thank You for this place to live. I claim my home as a place of spiritual safety for me and protection from all the attacks of the enemy. As a child of God, raised up and seated with Christ in the heavenly places, I command every evil spirit claiming ground in this place, based on the activities of past or present occupants including me, to leave and never return. I renounce all curses and spells directed against this place. I ask You, Heavenly Father, to post Your holy, warring angels around this place to guard it from any and all attempts of the enemy to enter and disturb Your purposes for me. I thank You, Lord, for doing this in the name of the Lord Jesus Christ. Amen.

BEDTIME PRAYER (for a good night sleep)

Thank You, Lord, that You have brought me into Your family and have blessed me with every spiritual blessing in the heavenly places in Christ Jesus. Thank You for this time of renewal and refreshment through sleep. I accept it as one of Your blessings for Your children and I trust You to guard my mind and my body during my sleep. As I have thought about You and Your truth during the day, I choose to let those good thoughts continue in my mind while I am asleep. I commit myself to You for Your protection against every attempt of Satan and his demons to attack me during sleep. Guard my mind from nightmares. I renounce all fear and cast every anxiety upon You, Lord. I commit myself to You as my rock, my fortress, my strong tower, and my protector. May Your peace be upon my spirit, soul, and body and upon this place of rest now. In the strong name of the Lord Jesus Christ, I pray. Amen.

APOSTLE’S CREED: I believe in God the Father, Almighty, Maker of heaven and earth: And in Jesus Christ, his only begotten Son, our Lord: Who was conceived by the Holy Ghost, born of the Virgin Mary: Suffered under Pontius Pilate; was crucified, dead and buried: He descended into hell: The third day he rose again from the dead: He ascended into heaven, and sits at the right hand of God the Father Almighty: From thence he shall come to judge the quick and the dead: I believe in the Holy Ghost: I believe in the holy Christian church: the communion of saints: The forgiveness of sins: The resurrection of the body: And the life everlasting. In Jesus’ Name. Amen.

OUR FATHER: Our Father which art in heaven, Hallowed be Thy name, Thy kingdom come, Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever and ever." – In Jesus’ Name. Amen.

**When Under Attack
(especially in the middle of the night)**

You may sense a presence in the room and be frightened. The best approach is for you to declare the truth of who they are in Christ. They should verbally declare something like:

***"I am a child of God and the evil one cannot touch me." "JESUS IS LORD". "Jesus lives in me."
"Jesus is Almighty God." "Jesus, fill this room with YOU."*** Then say "outloud" the declarations below. Remember, Jesus has defeated Satan & will protect you from his attacks.

DECLARATIONS

I renounce the lie that I am rejected, unloved, dirty or shameful because IN CHRIST I am completely accepted.

God says.....

John 1:12	I am God's child.
John 15:5	I am Christ's friend.
Romans 5:1	I have been justified.
1 Cor. 6:17	I am united with the Lord & am one spirit with Him
1 Cor. 6:19-20	I have been bought with a price. I belong to God.
1 Cor.12:27	I am a member of Christ's Body.
Eph.1:1	I am a saint, a holy one.
Eph.1:5	I have been adopted as God's child.
Eph.2:18	I have direct access to God through the Holy Spirit.
Col.1:14	I have been redeemed and forgiven of all my sins.
Col.2:10	I am complete in Christ.

I renounce the lie that I am guilty, unprotected, alone or abandoned because IN CHRIST I am totally secure.

God says.....

Romans 8:1-2	I am free forever from condemnation.
Romans 8:28	I am assured that all things work together for good.
Romans 8:31-34	I am free from any condemning charges against me.
Romans 8:35-39	I cannot be separated from the love of God.
2 Cor. 1:21-22	I have been established, anointed, and sealed by God.
Phil. 1:6	I am confident that the good work God has begun in me will be perfected.
Phil. 3:20	I am a citizen of heaven.
Col. 3:3	I am hidden with Christ in God.
2 Tim. 1:7	I have not been given a spirit of fear, but of power, love and a sound mind.
Hebrews 4:16	I can find grace and mercy to help in time of need.
1 John 5:18	I am born of God and the evil one cannot touch me.

I renounce the lie that I am worthless, inadequate, helpless or hopeless because IN CHRIST I am deeply significant. God says.....

Matthew 5:13-14	I am the salt of the earth and the light of the world.
John 15:1,5	I am a branch of the true vine, Jesus, a channel of His life.
John 15:16	I have been chosen and appointed by God to bear fruit.
Acts 1:8	I am a personal, Spirit-empowered witness of Christ.
1 Cor.3:16	I am a temple of God.
2 Cor.5:17-21	I am a minister of reconciliation for God.
2 Cor.6:1	I am God's co-worker.
Eph.2:6	I am seated with Christ in the heavenly realms.
Eph.2:10	I am God's workmanship, created for good works.
Eph.3:12	I may approach God with freedom and confidence.
Phil.4:13	I can do all things thru Christ who strengthens me!!

HEALING PRAYER FOR THE WOUNDED SPIRIT

I SAY IN THE NAME OF THE LORD JESUS CHRIST THAT MY LIFE IS NOT A MISTAKE. GOD MADE ME OUT OF THE LOVE THAT HE IS. HE CALLED ME INTO BEING AT THE RIGHT TIME AND THE RIGHT PLACE. HE PREPARED A WAY FOR ME AND GAVE HIS LIFE FOR ME. I AM A PRIVILEGE, NOT A BURDEN; A JOY AND A DELIGHT, NOT A DISAPPOINTMENT; I AM NOT AN INTRUSION, I BELONG. I AM A TREASURE JUST BECAUSE I AM, NOT MERELY FOR WHAT I CAN DO. I AM ONE OF GOD'S OWN CHILDREN, AND HE DELIGHTS IN ME. THE LORD IS POURING HIS LOVE IN TO ME. I CHOOSE TO FORGIVE THOSE THAT WOUNDED ME. FORGIVE ME FOR REJECTING THE LIFE YOU PLANNED FOR ME. I ASK, LORD, THAT YOU EMPOWER ME TO CHOOSE LIFE. I CHOOSE LIFE – YOUR LIFE. IN JESUS' NAME I PRAY. AMEN.

Kingdom of Light (say "outloud")

1. I announce that my name is now written in the Lamb's Book of Life.
2. I announce that I am the Bride of Christ.
3. I announce that I have made a new covenant with Jesus Christ alone.
4. I announce and commit myself to know and do only the will of God and I accept only His guidance for my life.
5. I announce and accept only the leading of the Holy Spirit.
6. I trust only in the shed blood of my Lord Jesus Christ.
7. By faith I eat only the body and drink only the blood of the Lord Jesus in Holy Communion.
8. I announce that God is my Heavenly Father and the Holy Spirit is my guardian by whom I am sealed.
9. I announce that I have been baptized into Christ Jesus and my identity is now in Him.
10. I announce that only the sacrifice of Christ has any claim on me. I belong to Him. I have been purchased by the blood of the Lamb.
11. I announce that I choose to worship only the true and living God and His Son, the Lord Jesus Christ.

I joyfully accept the truth that my Father God is... (say "outloud")

1. Intimate and involved (Psalm 139:1-18)
2. Kind and compassionate (Psalm 103:8-14)
3. Accepting and filled with joy and love (Romans 15:7; Zeph.3:17)
4. Warm and affectionate (Isaiah 40:11; Hosea 11:3-4)
5. Always with me and eager to be with me (Heb.3:5; Jer.31:20; Ezek.34:11-16)
6. Patient and slow to anger (Exodus 34:6; 2 Peter 3:9)
7. Loving, gentle and protective of me (Jer.31:3; Isaiah 42:3; Psalm 18:2)
8. Trustworthy and wants to give me a full life, His will is good perfect and acceptable for me (Lam.3:22-23; John 10:10; Romans 12:1-2)
9. Full of grace and mercy, and He gives me freedom to fail (Heb.4:15-16; Luke 15:11-16)
10. Tenderhearted and forgiving; His heart and arms are always open to me (Psalm 130:1-4; Luke 15:17-24)
11. Committed to my growth and proud of me as His growing child (Rom 8:28-29; Heb 12:5-11; 2 Cor.7:4)
12. Able and willing to supply all my needs (Phil.4:19; Ps.37:4; Matt.6:33)

HEALING GUIDELINES

It must be noted that there is no easy path or easy way in healing. Jesus' healing for us was painful. We are His disciples and are to live as He did. Sometimes God does a "big, miraculous healing". Sometimes God takes us through a long process. The most important thing to understand about healing is that God wants a relationship with us. He knows that if we were instantly healed, many of us would start to think we don't need Him anymore. The greater our need for God, the better off we are. Yes, it is painful!! Oh, so painful!! But, it is the means that keeps us constantly drawing close to our Lord. If you ever feel that God is just a far off God who doesn't care about your pain; just look at the cross. God has gone through every degree of pain, rejection, physical suffering, heart ache, abuse, and shame that any of us have. And to a greater degree. He understands and is with us in our healing. The following are some GUIDELINES for healing:

- Embrace the "FIREBALL" in your heart. Draw deep down as much as you can and allow Jesus in.
- God doesn't heal at the surface. He is the "Great Physician". He goes down to the "core" of the problem which is usually confession of sin or unforgiveness.
- Find people to share with who are mature, trustworthy, and caring. Be wise in your relationships. Unfortunately, wounded, dysfunctional people usually attract wounded, dysfunctional people. Step out and seek "healthy relationships" that nourish, encourage, and build you up.
- Start a daily "PRAYER JOURNAL". Take time each day to allow God to heal you as you write your prayers down on paper.
- When you are in a lot of pain, take time to draw close to God even though it is painful. Breathe slowly & deeply and focus on God in your heart. Prayer Journaling is also good to do at this point.
- Do nourishing things. Don't just stay in a mode of healing and pain. Go for walks, read a good book, go swimming, ride your bicycle, etc. God wants to give you time to rest for the next healing.
- Minister to others. If you are feeling sorry for yourself, find someone who is "worse off" than you.
- Mediate on healing Scriptures. Learn more about God's compassion, love, and healing power.
- Be wise in sharing your testimony of healing. Many times Christians ask "new converts" to share their testimony. The problem is that sometimes they share too much and end up feeling spiritually abused. Be wise and get guidance from mature Christians who have gone through healing.
- Our time here is preparation for eternity. We are being healed and transformed into the likeness of Christ for eternity. This time here is but "a breath". Learn to understand this and renew your mind.
- God wants to restore the losses in our lives. But first He needs to prepare us to receive all His glorious riches. Having us mature as a Christian is God's first goal.
- It is okay to get angry. David throughout the Psalms got angry. But he "wrote" his thoughts down on paper and never hurt someone else or himself. Write your anger on paper. Read it. Then throw the paper away. (Then read the Psalms "outloud").
- Allow yourself to GRIEVE your losses. You may start to cry for no reason. You may even feel depressed. It is alright. You are being healed. Your pain within you from your past is coming out.
- Be wise with prescription medicines. Read about the medication on the internet. Find out what they are treating, what the side effects will be, how long they plan on having you on the medication, whether or not it is addictive, how it will affect your healing process, etc. Get a few different doctors' opinions. Find the balance between anti-medication people and people who give medications for everything. Remember, medications "mask" the problem – they don't get to the root. But, sometimes they help stabilize a person until they can get their life balanced. BE WISE. A spiritual Christian doctor, who can explain the pros and cons of medications, would be wise to talk to.
- Read Scripture that affirms who you are "in Christ". You are God's child and a blessing.
- God loves you. Meditate on this truth. Believe this truth. Listen to His voice about this truth.

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HEALING PRAYERS: (PART 1)
PREPARATION PRAYERS (say outloud pages 6-7)

Dear Heavenly Father, You are my Lord. I know that You love me and that You will never leave me nor forsake me. You are the only true and living God that is worthy of worship. You are kind and loving in all Your ways. I love You and I thank You that I am alive in Christ. I submit myself to You and ask You to fill me with Your Holy Spirit in order to live my life free from sin. I choose to believe the truth which You have given us in the Bible, and I reject all the lies of Satan. I refuse to be discouraged because You are a God of all hope. I believe that you will meet my needs as I seek to obey You. I believe that I can do everything You want me to do because Jesus is my strength.

Heavenly Father, thank You for sending Your Only Son Jesus Christ to die on the cross for my sins. I believe Jesus' shed blood is enough for the forgiveness of my sins!! I pray the blood of Jesus over myself, my children, and my grandchildren. In Jesus' Name. Thank You Jesus for dying for me and rising from the dead. Because I believe in your death and resurrection I have forgiveness of sin and eternal life in You. I am Your child - a child of God - forgiven through faith in Christ's shed blood - filled, sealed, anointed with the Holy Spirit - and a friend of God.

Satan, you and your demons, get away from me in Jesus' Name. You and your lying spirits get away and go to Jesus and His cross - He will deal with you. I am God's child!! I submit to God and I resist the devil. I stand against Satan and all his lies, and I command him and all his demons to leave me & my family. I put on the armour of God by believing and speaking the truth. I believe that Jesus is my protection because He never sinned and He took my sin on Himself. I commit myself to be a peacemaker and take the truth of the Bible and use it against all of Satan's dirty tricks. I submit my body as a living sacrifice to God, and I am going to keep studying the truth so I can prove that what God wants me to do is good and perfect for me. I do all this in the name of Jesus. Amen.

Holy Spirit come now and fill me with You. Fill me from the top of my head to the bottom of my feet. Jesus, come into every sickness & disease & blood cell in my body and melt away what is not of You. I command any spirits of sickness to leave me right now in Jesus' Name. Get away from me in Jesus' name. Come, melt away every hurt in my spirit, soul, and body and make me whole. Sickness, disease, and hurt cannot grow in the presence of the Holy, All-Powerful God. Your Word says, "and people brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralyzed, and he healed them". (Matt. 4:24)

Now with the Holy Spirit in your heart, mind, & being by faith, meditate on this verse:

"and the people all tried to touch him, because power was coming from him and healing them all".
(Luke 6:19)

Thank You Jesus. I believe Your power is flowing throughout my spirit, mind, emotions, and body. Your presence gives healing and fullness of joy!! Thank You Lord God Almighty. I am trusting in You for a healthy spirit, soul, and body. You have full permission to take control of me and have Your will in me, through me, and with me. In Jesus' Name I pray. Amen.

DECLARATIONS (say outloud):

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John 1:12 I am God's child.
John 15:5 I am Christ's friend.
Romans 5:1 I have been justified.
1 Cor. 6:17 I am united with the Lord & one spirit with Him
1 Cor. 6:19-20 I have been bought with a price. I belong to God.
1 Cor.12:27 I am a member of Christ's Body.
Eph.1:1 I am a saint, and a holy one.
Eph.1:5 I have been adopted as God's child.
Eph.2:18 I have direct access to God through the Holy Spirit.
Col.1:14 I have been redeemed and forgiven of all my sins.
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Romans 8:31-34 I am free from any condemning charges against me.
Romans 8:35-39 I cannot be separated from the love of God.
2 Cor. 1:21-22 I have been established, anointed, and sealed by God.
Phil. 1:6 I am confident that the good work God has begun in me will be perfected.
Phil. 3:20 I am a citizen of heaven.
Col. 3:3 I am hidden with Christ in God.
2 Tim. 1:7 I have not been given a spirit of fear, but of power, love and a sound mind.
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Acts 1:8 I am a personal, Spirit-empowered witness of Christ.
1 Cor.3:16 I am God's temple.
2 Cor.5:17-21 I am a minister of reconciliation for God.
2 Cor.6:1 I am God's co-worker.
Eph.2:6 I am seated with Christ in the heavenly realms.
Eph.2:10 I am God's workmanship, created for good works.
Eph.3:12 I may approach God with freedom and confidence.
Phil.4:13 I can do all things thru Christ who strengthens me!!

After you've done pages 6-7 above then do one or more of these prayers on pages 8-13 "outloud".

HEALING PRAYERS (PART 2) (say “outloud” from the heart)

PEACE OF MIND:

You will keep in perfect peace those whose minds are steadfast, because they trust in you. (Isa. 26:3)
Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Phil.4:6-7)
For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. (2 Tim.1:7)

Jesus, Your Word says that as a born again believer I have the mind of Christ. Lord thank You that You live in my spirit and we are joined together. I believe that the power of your peace is now flowing through me giving me YOUR peace in my spirit, mind, emotions, and body. Thank You Lord Jesus. I trust You for this Jesus. I trust You for Your peace that transcends all understanding. And I trust You for Your Spirit that gives me a sound mind. Satan, you and your demons get away from me now. I have Jesus in my spirit, soul, and body. Lord Jesus continue to fill my spirit, soul, and body with You. I believe. I bless You and praise You for this. In Jesus’ Name I pray. Amen.

WOUNDED SPIRIT:

The Lord is close to the broken hearted and saves those who are crushed in spirit. (Psalm 34:18)

I say in the name of the Lord Jesus Christ that my life is not a mistake. God made me out of the love that He is. He called me into being at the right time and the right place. He prepared a way for me and gave His life for me. I am a privilege, not a burden; a joy and a delight, not a disappointment; I am not an intrusion, I belong. I am a treasure just because I am, not merely for what I can do. I am one of God’s own children, and He delights in me. The Lord is pouring His love into me. I choose to forgive those that wounded me. Forgive me for rejecting the life you planned for me. I ask, Lord that You empower me to choose life. I choose life – Your life.

Lord, I now confess my sin of believing Satan’s lies about myself. I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. Satan, you and your demons, get away from me. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. Jesus, thank You for Your forgiveness and grace. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

GOD’S WILL:

for it is God who works in you to will and to act in order to fulfill his good purpose. (Phil 2:13)

Jesus, only You were perfect in doing God’s will. The night before Your crucifixion You said, “Not my will but yours be done.” You were obedient unto death – death on the cross. Lord Jesus, I do not always do the Father’s will and I’m sorry. Lord, I now confess this sin to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I command you Satan and your demons to get away from me in Jesus’ Name. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in disobeying God and not doing His will. I thank You God that You are working “in me” to will and to act in order to fulfill Your good purpose. Your works are perfect and as I allow You to work in me – come Lord Jesus in Your power and might and do Your work in me and through me so I can please You. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

DAMAGED EMOTIONS:

Lord God Almighty, I come to You now as Your child through the shed blood of Jesus on the cross. I have led a sinful life and I have also been sinned upon. I am wounded emotionally. I sometimes shake and my emotions are so damaged. I believe Jesus that You live in me and I believe that You are willing to come into my damaged emotions and bring healing – Your gentle and loving healing touch. Jesus will You give me YOUR EMOTIONS which aren't damaged and pour them into my being. Satan, you and your demons get away from me. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin and in others who hurt me through their words and actions. I pray that You will now come into my damaged emotions Jesus and bring healing. I chose to forgive (name them) who hurt me and I thank You Jesus for filling me with You right now. Come Lord Jesus – fill me with You. I believe You are filling me right now. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

TRAUMA:

Lord God Almighty, I come to You now as Your child through the shed blood of Jesus on the cross. I have led a sinful life and I have also been sinned upon. I was traumatized when _____. I just don't feel like I'm altogether right now. I believe Jesus that You live in me and I believe that You are willing to come into my trauma and bring healing – Your gentle and loving healing touch. I also believe You will be with me in my life and help me not to fear walking with You by faith. Satan, you and your demons get away from me. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. I pray that You will now come into my trauma Jesus and bring healing. I chose to forgive those who have hurt me and I thank You Jesus for filling me with You right now. Come Lord Jesus – fill me with You. I believe You are filling me right now. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

SICKNESS or DISEASE:

Jesus, I thank You that You as God Almighty have power over sickness. No sickness can survive in Your presence. I, by faith, believe that You are coming into my (name the sickness) right now. What a wonderful thing to know and believe that You are coming into that yucky sickness and willing to melt it away. Lord, I now confess that my lifestyle opened gates to (name the sickness) and opened gates to the demonic. My eating habits, my lifestyle, etc. I confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. I pray that You will fill me with Your Holy Spirit right now and totally remove all that is not of You. Melt my sickness away. Satan, you and your demons get away from me in Jesus' Name. I am a child of God sealed by the Holy Spirit. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

DIVORCE:

Lord, I confess to You any part that I played in my divorce (name the specifics). Lord, I now confess these sins to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. Thank You for Your forgiveness, and I choose to forgive myself as well. I renounce the lie that my identity is now in "being divorced." I am a child of God, and I reject the lie that says I am a second-class Christian because of the divorce. I reject the lie that says I am worthless, unlovable, and that my life is empty and meaningless. I am complete in Christ, and You love me and accept me just as I am.

Lord, I commit the healing of all hurts in my life to You as I have chosen to forgive those who have hurt me. I also place my future into Your hands and trust You to provide the human companionship You created me to need through Your Church and, if it be Your will, through another spouse. Lord if I am to reunite and/or pray for my former spouse then show me. I pray all this in the healing name of Jesus, my Savior, Lord, and closest friend. Amen.

VICTIMIZATION:

In the name of the Lord Jesus Christ, I renounce the lie of Satan that I am still a victim of my past or present circumstances. The truth is that I am a child of God, unconditionally loved by Him, and He has set me free to become the person HE intends for me to be. I am a new creation and old things have passed away. I announce that in Christ I can be victorious at all times and I choose to act like a beloved child of God, not like Satan's victim.

Lord, I now confess my sins of (name your sins) to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin.

I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. Lord I chose to forgive (name the person) for (tell what they did). I give (name them) to You Lord Jesus and I pray Your mercy and grace on them. I release all my hurt, shame, guilt to You Jesus and ask You to come into my whole being and fill me with You right now. Fill my spirit, soul, and body with You. I believe You are filling me right now and will continue to heal me as I ask You to. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.

TOBACCO ADDICTION:

Lord, I confess that I have misused tobacco for the purpose of pleasure, to escape reality, to lessen my pain, or to cope with difficult problems. I confess that I have abused my body and programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of tobacco. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to tobacco, but instead I choose to allow the Holy Spirit to direct and empower me.

I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not tobacco. When I feel empty teach me to fill myself with You, Lord Jesus. Thank You Jesus that I am free. I am Yours. You are my God and I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray. Amen.

ALCOHOL / DRUG ADDICTION:

Lord, I confess that I have misused substances (alcohol, prescription or street drugs) for the purpose of pleasure, to escape reality, to lessen my pain, or to cope with difficult problems. I confess that I have abused my body and programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of alcohol and/or drugs. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to alcohol and/or substance abuse, but instead I choose to allow the Holy Spirit to direct and empower me. I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not alcohol and/or drugs. When I feel empty teach me to fill myself with You. Thank You Jesus that I am free. I am Yours. You are my God & I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray. Amen.

ANGER / RAGE ADDICTION:

Lord, I confess that I have misused anger and rage for the purpose of pleasure, to escape reality, to lessen pain, or to cope with difficult problems. I confess that I have programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of anger and rage. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to anger and rage but instead I choose to allow the Holy Spirit to direct and empower me. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them. That Your self-control will take control of my anger and rage. I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. Satan & your demons get away from me.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over sin, the world, and Satan. Jesus teach me to fill myself with You and not anger and rage. When I feel empty or out of control teach me to fill myself with You. Thank You Jesus that I am free. I am Yours. You are my God & I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray.

DEPRESSION / FEAR:

Lord, I confess that I have misused depression/fear for the purpose of pleasure, to escape reality, to lessen my pain, or to cope with difficult problems. I confess that I have programmed my mind in a harmful way. I have quenched the Holy Spirit as well. Thank You for forgiving me. I renounce any satanic connection or influence in my life through my misuse of depression/fear. I cast my anxieties on to Christ Who loves me. I commit myself to yield no longer to depression/fear but instead I choose to allow the Holy Spirit to direct and empower me.

I now claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in this sin. Satan & your demons get away from me. I also ask that when compulsive and addictive feelings come up in my being that You will help me believe by faith that You have power over them.

Now Lord Jesus come and fill me with Your Holy Spirit. Fill my spirit, soul, and body with You. Your blood is enough for the forgiveness of sin and I declare that I am Your child. I command Satan and his demons to get away from me and go to Jesus. I ask You Jesus to continue filling me with You and to give me power over depression/fear. Jesus teach me to fill myself with You and not depression/fear. When I feel depressed or afraid teach me to fill myself with You. Thank You Jesus that I am free. I am Yours. You are my God & I am Your child. I am loved unconditionally. I am perfect in Your sight. You are my Father and I'm Your child. In Jesus' name, I pray. Amen.

BREAKING GENERATIONAL SIN:

Father God, in the mighty name of Jesus Christ, I come to You now and repent on behalf of my family line. Lord, whenever there was the sin of (name the sin) on my father's or mother's side, I repent of that sin on behalf of myself and my family, both on the (father's family name) side and on the (mother's family name) side. When ever I or my ancestors yielded to this particular sin, even as far back as Adam, I ask You to forgive us as a family and to cleanse the family line of this sin by the Blood of Jesus. When ever You see an invisible soul-tie that connects me with any of those people who yielded to this sin, I now take a sword in the spirit and in the name of Jesus Christ and through the Blood of Jesus Christ I sever that connection in the spirit and I break every unholy soul-tie between myself and those previous generations. And I now place a river of the Blood of Jesus Christ and those generations and render myself free from any unholy influence. I also break any curse that has come to me or my children through generational sins and curses. In Jesus' name and through His Blood, I ask you to turn the curses into blessings. In Jesus' name I pray. Amen.

BREAKING CURSES (Pyschic/Cult/Occult):

Father God, in the mighty name of Jesus Christ, I come to You now and repent on behalf of my family line. Lord, whenever there was the sin of (psychics, cults, or occult) on my father's or mother's side, I repent of that sin on behalf of myself and my family, both on the (father's family name) side and on the (mother's family name) side. When ever I or my ancestors yielded to this particular sin, even as far back as Adam, I ask You to forgive us as a family and to cleanse the family line of this sin by the Blood of Jesus.

Whenever You see an invisible soul-tie that connects me with any of those people who yielded to this sin, I now take a sword in the spirit and in the name of Jesus Christ and through the Blood of Jesus Christ I sever that connection in the spirit and I break every unholy soul-tie between myself and those previous generations. And I now place a river of the Blood of Jesus Christ and those generations and render myself free from any unholy influence. I also break any curse that has come to me or my children through generational sins and curses. In Jesus' name and through His Blood, I ask you to turn the curses into blessings. In Jesus' name I pray. Amen.

JESUS LOVES YOU

JESUS has a plan for your life "here" & for "all eternity"

PRAYERS of REPENTANCE & HEALING (3 pages): (DO DAILY TILL SET FREE)

HEALING (can be by yourself or with a Spirit-filled trained Christian)

PRAYER BEFORE YOU GET HEALING (always pray outloud):

“Dear Heavenly Father, I know that you want the truth from me, and I must be honest with You. I have been fooled by the father of lies, and I have fooled myself. I thought I could hide from You, but You see everything. I pray in the name of the Lord Jesus Christ, that you Heavenly Father will rebuke all of Satan’s demons by Your power. Because I have asked Jesus into my life I am Your child. Therefore, I command all evil spirits to leave me. I ask the Holy Spirit to lead me into all truth. I ask You to look right through me and know my heart. Show me if there is anything in me that I am trying to hide, because I want to be free. I thank You for Your kindness, and patience and love for me. I know that I have not been very loving and patient toward others, especially those who I don’t like. I have been thinking bad thoughts about other people, and storing bad feelings. I ask You to bring to my mind those people that I need to forgive. I ask this in the wonderful name of Jesus who will heal me from my hurts. In Jesus’ wonderful name I pray. Amen.”

1. **FORGIVENESS:** sets you free from the person. Must be done “from the heart”.

a) **Make a list of people’s names to forgive.** Be sure you know that forgiving people who have hurt you is God’s way of setting you free from them. Unless we forgive, they still hurt us.

Names:

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

b) **Now go through the list of names “separately” & “from the heart” in the prayers below.** (Stay with the first person until all the remembered pain has surfaced and been forgiven, then go on to the next person).

“Lord, I thank You that, with Your power and help, I can forgive as You have forgiven me. I forgive (name) for (say every painful thing that you remember that was done to you). [Here are some words to help describe the painful emotions: “ashamed, unloved, terrible, embarrassed, silly, alone, dirty, ugly, helpless, used, hurt, scared,”].

Lord, I now give (name) to You so You can deal with him/her the way You want to. I don’t want (name) to have power over me anymore. I forgive (name) and give him/her to You. Thank You for setting me free. I am free. In Jesus’ Name I pray. Amen.”

c) FORGIVING GOD (VERY IMPORTANT): You may also need to forgive God. When we expect God to act in a certain way and He doesn't we can get angry. Those feelings can become a wall between us and God, so we must let them go.

"Father God, I always thought You (tell what you thought about God). I'm sorry I was wrong. Please forgive me. I now know that You love me, accept me, and want good for me. You are a loving and caring father. Thank You for forgiving me. I am so thankful for Your forgiveness and love. I love You. In Jesus' Name I pray. Amen."

d) Forgive yourself. Forgiving yourself means accepting God's cleansing and forgiveness. (The following are words to describe the painful emotions: ashamed, unloved, embarrassed, terrible, silly, alone, dirty, ugly, helpless, used.....)

"Lord, I forgive myself for (specify every painful thing that you remember that you did to yourself or thought about yourself)". Lord, I accept Your cleansing and forgiveness. I thank You that You have made me clean and You have forgiven me. I am Your child and You love me deeply. In Jesus' Name I pray. Amen."

2. REBELLION: pray the following prayer aloud:

"Dear Heavenly Father, You have said in the Bible that rebellion is the same thing as witchcraft, and disobedience is like honoring other gods. I know that I have disobeyed and rebelled in my heart against You and others that You have put in authority over me. I ask for Your forgiveness for my rebellion, and by the shed blood of the Lord Jesus Christ I resist all evil spirits who took advantage of my rebellion. In Jesus' Matchless Name I pray. Amen."

3. SELFISHNESS: pray the following prayer aloud:

"Dear Heavenly Father, I confess that I have thought only of myself. Many times I don't think of others. I have believed that I am the only one who cares about me, so I have to take care of myself. I have turned away from You, and not let You love me. I am tired of living for myself and by myself. I renounce the self-life, and ask that You fill me with Your Spirit so that I can do Your will. By giving my heart to You, I stand against all the ways that Satan would attack me. I ask You to show me how to live for others. I now choose to make others more important than myself, and You the most important of all. I ask this in the name of Jesus Christ. Amen."

4. CONFESS YOUR SINS: pray the following prayer aloud for each sin:

"Dear Heavenly Father, I agree with You that I have done displeasing acts and sinned. I ask You to help me to know all the things that I have done which are wrong."

"Lord, I confess that I have committed the sin of _____. Thank You for Your forgiveness and cleansing. I now turn away from this sin and turn to You, Lord. Strengthen me by Your Holy Spirit to obey You. I now command Satan to leave me, and I choose to live the right kind of life so that I can be free by Your Holy Spirit's power. In Jesus' name, I pray. Amen."

Stealing	Swearing	Cheating
Quarreling/fighting	Apathy/Laziness	Procrastination
Jealousy/envy	Lying	Green / Materialism
Complaining/criticism	Hatred	Not tithing (money & time)
Sarcasm	Anger	Gambling (bingo, etc.)
Lustful actions/thoughts	Pornography	Others: _____

FOR ADVANCED RESOURCES SEE: <https://www.altogetherlovely.org/healing>

Then: FREEDOM IN CHRIST (for: ADULTS, MARRIAGE, CHILDREN)

5. BONDAGE: (Pray the necessary prayers below until set free. You may have to go back daily)

As the Lord brings to your mind every wrong sexual use of your body, whether it was done to you – rape, incest, sexual molestation –or willingly by you (including pornography, masturbation, sexual immorality, beastiality), renounce every occasion:

“Lord, I renounce (name the specific use of your body) with (name any other person involved) and I ask You to break that sinful bond with (name). In the name of the Lord Jesus Christ I command that all demonic strongholds and other spiritual garbage passed onto me through relationships in which I was sexually, emotionally, spiritually, or mentally bonded to _____ (names) in a sinful way be cancelled, and that the demons connected with each of them go to the Lord Jesus Christ, now and never come back to me. In Jesus’ name, I pray. Amen.”

After you have finished, commit your body to the Lord by praying:

“Lord, I renounce all these uses of my body as an instrument of unrighteousness and I admit to my wilful participation. I choose now to present my eyes, mouth, mind, heart, hands, feet and sexual organs to You as instruments of righteousness. I present my whole body to You as a living sacrifice, holy and acceptable, and I choose to reserve the sexual use of my body for marriage only.” (Heb.13:4).

“I reject the lie that my body is not clean or that it is dirty or in any way unacceptable to You as a result of my past sexual experiences. Lord, thank You that You have totally cleansed and forgiven me and that You love and accept me just the way I am. Therefore, I choose now to accept myself and my body as clean in Your eyes. In Jesus’ name, I pray. Amen”. (see Isaiah 1:18)

After you have confessed all known sin, pray:

“Lord, I now confess these sins to You and claim through the blood of the Lord Jesus my forgiveness and cleansing. I cancel out all ground that evil spirits have gained through my willful and unwilling involvement in sin. I pray this in the wonderful name of my Lord and Savior, Jesus Christ. Amen.”

HEAL – HEALED – HEALING (Meditate on One Verse a Day)

1) if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land (2 Chronicles 7:14)
2) Be merciful to me, LORD, for I am faint; O LORD, heal me, for my bones are in agony (Psa. 6:2)
3) I said, "O LORD, have mercy on me; heal me, for I have sinned against you." (Psalm 41:4)
4)and a time to heal, (Ecclesiastes 3:3)
5) Heal me, O LORD, and I will be healed; save me and I will be saved, for you are the one I praise. (Jer.17:14)
6) But I will restore you to health and heal your wounds,' declares the LORD, 'because you are called an outcast, Zion for whom no one cares.' (Jeremiah 30:17)
7) Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security. (Jeremiah 33:6-7)
8) "Come, let us return to the LORD. He has torn us to pieces but he will heal us; he has injured us but he will bind up our wounds. (Hosea 6:1)
9) "I will heal their waywardness and love them freely, for my anger has turned away from them. (Hos.14:4)
10) Jesus said to him, "I will go and heal him." (Matthew 8:7)
11) He called his twelve disciples to him and gave them authority to drive out evil spirits and to heal every disease and sickness. (Matthew 10:1)
12) Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received, freely give. (Matthew 10:7-9)
13) He replied, "Go tell that fox, 'I will drive out demons and heal people today and tomorrow, and on the third day I will reach my goal.' (Luke 13:32)
14) Stretch out your hand to heal and perform miraculous signs and wonders through the name of your holy servant Jesus." (Acts 4:30)
15) Reckless words pierce like a sword, but the tongue of the wise brings healing. (Proverbs 12:18)
16) A wicked messenger falls into trouble, but a trustworthy envoy brings healing. (Proverbs 13:17)
17) The tongue that brings healing is a tree of life, but a deceitful tongue crushes the spirit. (Pro.15:4)
18) Pleasant words are a honeycomb, sweet to the soul and healing to the bones. (Proverbs 16:24)
19) But for you who revere my name, the sun of righteousness will rise with healing in its wings. And you will go out and leap like calves released from the stall. (Malachi 4:2-3)
20) Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people. (Matt 4:23)
21) and the people all tried to touch him, because power was coming from him and healing them all. (L 6:19)
22) but the crowds learned about it and followed him. He welcomed them and spoke to them about the kingdom of God, and healed those who needed healing. (Luke 9:11)
23) By faith in the name of Jesus, this man whom you see and know was made strong. It is Jesus' name and the faith that comes through him that has given this complete healing to him, as you can all see. (Acts 3:16)
24) how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him. (Acts 10:37-38)
25) O LORD my God, I called to you for help and you healed me. (Psalms 30:2)
26) He sent forth his word and healed them; he rescued them from the grave. (Psalms 107:20)
27) But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed. (Isaiah 53:5)
28) News about him spread all over Syria, and people brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralyzed, and he healed them. (Matthew 4:24)
29) The centurion replied, "Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed. (Matthew 8:8)
30) When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick. (Matthew 8:16-17)
31) She said to herself, "If I only touch his cloak, I will be healed." Jesus turned and saw her. "Take heart, daughter," he said, "your faith has healed you." And the woman was healed from that moment. (Matt.9:21)
32) Crowds gathered also from the towns around Jerusalem, bringing their sick and those tormented by evil spirits, and all of them were healed. (Acts 5:16)
33) Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective. (James 5:16)
34) He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed. (1 Peter 2:24)

PRAYERS

INTERCESSORY PRAYER FOR A SON/DAUGHTER

I come to You in the name of Jesus on behalf of my son/daughter (their name).

I thank You Lord that You have given him/her to me as a heritage
to love and raise to Your glory.

I ask You to forgive me for my failures
to lead and guide him/her in the way he/she ought to go.

I thank You that You are the God that restores
and brings good out of evil.

Take my past failures and use them to Your glory
as you faithfully draw (their name) to Yourself.

I thank You that through You I am mighty
and can pull down the strongholds of the enemy.

I exercise that authority now in the mighty name of Jesus.

And in Jesus' name I bind the powers of darkness
that would bind (their name) to Your truth
and I command them to loose him/her now.

And Father, in Jesus' name, I ask that You would draw (their name)
to Yourself, convicting him/her of their sin by Your Holy Spirit.

I plead the protection and deliverance
of the Blood of Jesus over (their name)
and by faith claim (their name) for the Kingdom of God.
In Jesus' name I pray. Amen.

**From the Book "Spiritual Warfare and Your Children"
by Ray Beeson & Kathi Mills**

PRAISE

You are holy, my only God and Your deeds are wonderful.
You are strong. You are great. You are the Most Almighty.
You, Holy Father, are King of heaven and earth.
You are Three and One, Lord God, all Good.
You are Good, All Good, Supreme Good,
Lord God, living and true.

You are my love. You are my wisdom. You are my humility.
You are my endurance. You are my rest. You are my peace.
You are my joy and my gladness.

You are my justice and my moderation.
You are all my riches, You are my gentleness.
You are my protector, my guardian, and my defender.
You are my courage. You are my haven and hope.
You are my faith, and my great consolation.

You are my eternal life, Great and Wonderful Lord,
God Almighty, Wonderful and Merciful Savior. In Jesus' Name I pray. Amen.

From Agape Banners at: <http://www.agapebanners.com>

"BREAKING GENERATIONAL SIN"

Father God, in the mighty name of Jesus Christ,
I come to You now and repent on behalf of my family line.
Lord, whenever there was the sin of (name the sin) on my father's or mother's side,
I repent of that sin on behalf of myself and my family,
both on the (father's family name) side and on the (mother's family name) side.
When ever I or my ancestors yielded to this particular sin, even as far back as Adam,
I ask You to forgive us as a family and to cleanse the family line of this sin by the Blood of Jesus. When
ever You see an invisible soul-tie that connects me with any of those people who yielded to this sin, I now
take a sword in the spirit and in the name of Jesus Christ and through the Blood of Jesus Christ I sever
that connection in the spirit and I break every unholy soul-tie between myself and those previous
generations. And I now place a river of the Blood of Jesus Christ and those generations and render myself
free from any unholy influence. I also break any curse that has come to me or my children through
generational sins and curses. In Jesus' name and through His Blood, I ask you to turn the curses into
blessings. In Jesus' name I pray. Amen.

*(Pray this prayer as many times as necessary,
each time you identify a generational sin operating in your family).*

**From the Book "Spiritual Warfare and Your Children"
by Ray Beeson & Kathi Mills**

"A PRAYER FOR BLESSING"

As I seek to cleanse my hands, O God,
purify my heart and make me acceptable in Your sight.
I pray that You would look upon me and bless me.
As I humble myself before You, exalt me and let Your favour go before me.
Spread Your goodness before me.
May it accompany Your mercy as it follows me in accordance with Your promises.
Lord, cause Your face to shine upon me.
Let Your blessings overtake me.
Grant me peace with all who would set their face against me
as I walk in peace and fellowship with You.
Let no weapon formed against me succeed.
Equip me with the strength to do Your will.
Bless the work of my hands, and cause me to prosper in all my ways,
even as my soul prospers.
Order my steps on paths of promotion as I acknowledge You.
Grant me the power to gain wealth as I surrender my all to You.
Most of all, I pray that You grant me wisdom.
The wisdom to seek You above all things.
Teach me to be a wise steward of all You grant,
and let each blessing that You render,
be an occasion to further glorify Your name in all the earth.
In the matchless and wonderful name of Jesus I pray. Amen.

**From the book "How to be Blessed and Highly Favored"
by Michelle McKinney Hammond**

ARMOUR OF GOD

Good morning Father! Good morning Jesus! Good morning Holy Spirit!
Today Heavenly Father, according to Your Word,
I present my body to You as a living sacrifice,
holy and acceptable in Your sight.
Because I am not attending against flesh and blood,
but against principalities, powers, world rulers of this present darkness,
and spiritual hosts of wickedness in heavenly places,
I take the whole armour of God so that I am be able to withstand in the evil day.
So today I stand and gird my loins with truth.
I put on the breastplate of righteousness.
I shod my feet with the preparation of the Gospel of peace.
Above all these, I take the shield of faith to quench all the flaming darts of the evil one.
I take the helmet of salvation and the Sword of the Spirit, which is the Word of God.
I pray at all times in the Spirit with all prayer and supplication
for all God's family and for me
that I may open my mouth boldly to proclaim the Gospel.
The weapons of my warfare are not worldly
but have divine power to destroy strongholds.
Today I destroy obstacles and every proud obstacle
to the knowledge of God and take every thought captive to obey Christ.
Thank you Lord, that according to Your Word
the glory of the Lord is my rear guard.
I praise You and thank You for the armor of light You have provided for me this day.
I am completely covered now.
Upon Jesus I have built my life.
The gates of hell shall not prevail against me.
Jesus I apply Your precious Blood to my life,
my family, my home, and all my possessions.
You are my Shepherd and I shall not want.
You have supplied all my needs according to Your riches in glory.
I can do all things through Christ who strengthens me.
I praise You for walking in divine health
for You are my God who heals all my diseases.
I praise You and thank You for my prosperity
and good health even as my soul prospers.
For the joy of the Lord is my strength.
Father, I have prayed according to Your Word.
You said You would watch over Your Word to perform it.
I am reminded that every word spoken becomes a living thing –
either to minister life or death and destruction.
Jesus, let my meditation be sweet to You
as I will rejoice in You all day.
Just rise up and live big within me.
For I am Yours and You are mine.
In the Mighty Name of Jesus I pray. Amen.
(PRAY THIS PRAYER EVERY MORNING)

AUTHOR UNKNOWN: From Agape Banners at: <http://www.agapebanners.com>

HEY, JESUS LOVES YOU!!