

CHRISTIAN BLESSINGS

see also:

www.altogetherlovely.org

www.altogetherlovely.org/healing

SALVATION Through JESUS CHRIST!!

IMPORTANT: The most important thing is to know you are SAVED. If you don't know you have forgiveness of sin and eternal life in Christ please go through THE "ROMANS" ROAD on the next slide. You must be born again of the Spirit of God through faith in Jesus Christ – faith in what Jesus did for you on the cross through the shedding of His blood – and faith that you have ETERNAL LIFE (Jesus is Eternal Life) and that you will spend eternity in heaven with Christ. His blood for your forgiveness, His death on the Cross for your death to your old man, and His Resurrection for your new life in Him: His RESURRECTION LIFE – THE LIFE OF JESUS!!

NEW BIRTH – NEW CREATION - NEW LIFE – NEW HOPE

**Christian Volunteers (not professionals) to Talk To – You Are Not Alone:
By phone/chat you can talk/pray with these Christians who love to encourage.**

<https://www.groundwire.net/chat>

<https://www.chataboutjesus.com/>

<http://www.needhim.org>

<https://needencouragement.com/talk-with-someone/>

or 1-800-633-3446

The “Romans” Road (The Gospel of Jesus Christ)

The Problem of Sin: Rom. 3:23 “For all have sinned & fall short of the glory of God”

The Wages of Sin: Romans 6:23a “For the wages of sin is death...”

The Love of God: Romans 5:8 “But God demonstrates His own love toward us,
in that while we were still sinners, Christ died for us.”

The Free Gift of Salvation:

Romans 6:23b “But the gift of God is eternal life in Christ Jesus our Lord.”

Accepting the Free Gift:

Romans 10:9 “That if you confess with your mouth the Lord Jesus and believe in your
heart that God has raised Him from the dead, you will be saved.”

Romans 10:13 “For whoever calls on the name of the LORD shall be saved.”

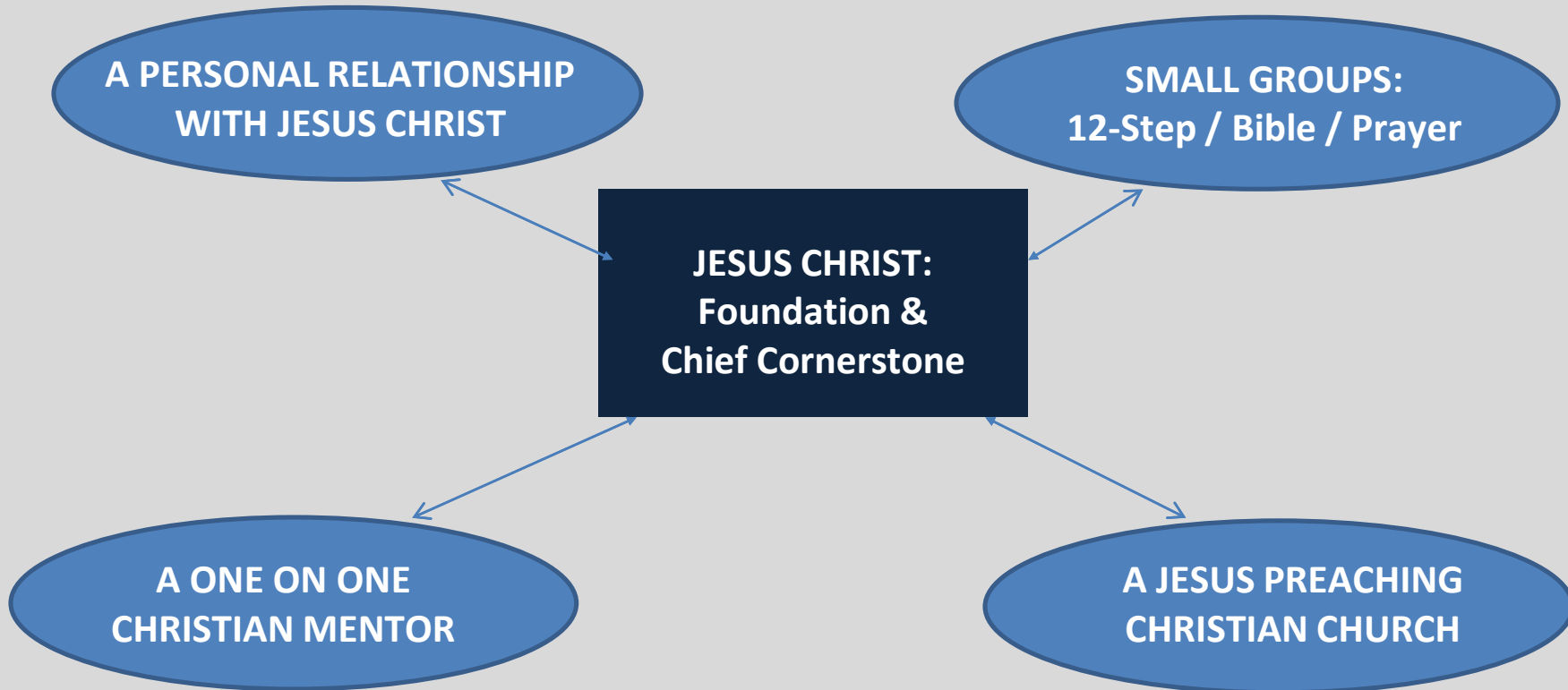
To have forgiveness of sin & eternal life in Christ Jesus, pray (from the heart):

"Lord Jesus, I agree with Your Word and know I am a sinner and have displeased You in many ways. I believe You died for my sin, and only through faith in Your shed blood shed on the cross can I be forgiven. I also know that only through faith in Your resurrection can I have eternal life in You. I repent and turn from my sin and ask You to come into my heart and live as my Savior and Lord. From this day on, I will follow You by living a life that pleases You through the Power of Your Holy Spirit. Jesus fill me with Your Holy Spirit from the top of my head to the bottom of my feet. Thank you, Lord Jesus, for saving me and filling me with Your Holy Spirit. You are so good!! In Jesus' Name I pray. Amen."

A Prayer For A Person's Salvation

Dear Heavenly Father, I bring my (sons and/or daughters) before You. I stand against the blinding of Satan that would keep them from believing and seeing the light of the gospel of the glory of Christ (2 Corinthians 4:4). I take the authority that is mine because of my position in Christ, and I exercise that authority over Satan in regards to my family and all that You have entrusted to me, Heavenly Father. In the name of Jesus, I take authority over speculation and every lofty thing raised up against the knowledge of God in the minds of my children (2 Corinthians 10:5). I tear down those strongholds and bring their minds into captivity in order to obey Christ. By the authority that I have in Christ and in obedience to the great commission to make disciples, I command Satan to release the minds of my children so that they may obey God. I declare myself and all that You have entrusted to me to be eternally signed over to the Lord Jesus Christ. Based on Your Word according to 1 John 5:16, I am asking You to give spiritual life to my (sons and/or daughters). I pray that You would enable me to be the kind of parent that You want me to be. May I never be the kind of parent that would be a stumbling block to my children. Enable me to be a positive witness and a living epistle for all those who don't know You. I ask this in the name and authority of the Lord Jesus Christ. Amen.

FOUNDATIONAL RECOMMENDATIONS



Having these foundations in place SIGNIFICANTLY increases your likelihood of being set free from your past and growing in Christ Jesus!!

EMOTION WORDS (words to help get in touch with your feelings)

joyful, cheerful, content, proud, satisfied, excited, amused, enthusiastic, optimistic, elated, delighted, calm, relaxed, relieved, hopeful, pleased, confident, brave, comfortable, safe, happy, love, lust, aroused, sexy, tender, compassionate, caring, infatuated, concern, trust, liking, attraction, tenderness, sympathy, adoration, fondness, receptive, interested, exhilarated.

shocked, dismayed, amazed, confused, stunned, interested, intrigued, absorbed, curious, anticipating, eager, hesitant, fearful, anxious, worried, scared, insecure, rejected, horrified, alarmed, shocked, panicked, afraid, nervous, disorientated, helpless, powerless, dreading, distrusting, suspicious, cautious, disturbed, overwhelmed, uncomfortable, guilty, hurt, lonely, melancholy, depressed, hopeless, sad, guilty, hurt, lonely, regretful, sorrow, uncertain, anguished, disappointed, self-conscious, shamed, embarrassed, humiliated, disgraced, uncomfortable, neglected, defeated, bored, disillusioned, inferior, confused, grief-stricken, helpless, isolated, numb, regretful, ambivalent, exhausted, insecure, disgusted, pity, revulsion, contempt, weary, bored, preoccupied, angry, jealous, envious, annoyed, humiliated, irritated, aggravated, restless, grumpy, awkward, exasperated, frustrated, rageful, outraged, hostile, bitter, hateful, scornful, spiteful, vengeful, disliked, resentful, trusting, alienated, bitter, insulted, indifferent.

EXTENDING (GIVING) FORGIVENESS:

Father, I come to You through the Blood of Jesus. Thank You for Your love and forgiveness in my life. Lord, when (tell what happened and how you felt). Lord, you ask me to forgive (the person's name). So Lord as an act of obedience I forgive (the person's name). Lord, what they did was wrong – it was sin. But I choose to forgive the sinner. I want them to be set free so I give them to You. I release them and lay them at the foot of the Cross of Jesus Christ. Now, come and remove the pain from my life. Remove the feelings of (bitterness, anger, resentment, etc.). Forgive me for what I have held in my heart for all these years. Thank You for Your forgiveness.

Now Lord, I ask you to bless (the person's name). To work in their life and guide them. Thank You for this time of healing today. Lord, I love You and ask You for Your power to continue to forgive. I know forgiveness is a choice and not a feeling. I also know that forgiveness sets ME free. I love you Jesus. In Jesus' name I pray. Amen

ASKING FORGIVENESS:

Father, I come to You through the Blood of Jesus. Thank You for Your love and forgiveness in my life. Lord, when (tell what you did and how you felt then and now). Lord, I ask You to forgive me for my (selfishness, deceit, dishonesty, etc.). I ask You to now come and work in that person's life in a mighty way. Open up the doors for Your love, healing, and forgiveness in their life. I am truly sorry. Lord, when the time is right and appropriate, give me the wisdom and power to make this right with this person. I thank You Lord for Your forgiveness and Your shed blood at the Cross of Calvary. You are an amazing God. Now, come and fill me with Your Holy Spirit so I can serve You in Your Power and Grace. In Jesus' name I pray. Amen.

How To Live Right (with God's Spirit guiding you)

1. Be more concerned about what God thinks than what others think.
2. Love God with all your heart, mind, & soul. Love your neighbor as yourself.
3. Think of others more highly than yourself.
4. Read your Bible and pray each day. Trust God in all that you do.
5. Take care of your health, eat right, exercise regularly, get enough sleep.
6. Speak kindly about everyone, if possible.
7. Be a servant to all people.
8. Enjoy your friendships. Be friendly to everyone you meet.
9. Share the Gospel to anyone who wants to know.
10. Live your life for God, not yourself.
11. Be kind to others as often as possible. Be kinder to those who irritate you.
12. Forgive those who have done you wrong.

THE TWELVE STEPS SIMPLIFIED

THE TWELVE STEPS

1. I can't
2. God can
3. Let God
4. Look within
5. Admit wrongs
6. Ready self for change
7. Seek God's help
8. Become willing
9. Make amends
10. Daily inventory
11. Pray and meditate
12. Give it away

PRAYER JOURNALIZING:

One of the best ways to heal is a DAILY PRAYER JOURNAL. They are writing your prayers instead of saying them. Writing gives less time for our minds to wander. It allows the Holy Spirit to minister more deeply. Writing puts our thoughts on paper and helps RELEASE them to God. We encourage you to spend 5 – 10 minutes doing a DAILY PRAYER JOURNAL.

i) Sit down with a pen, paper, and Bible. Start by saying this prayer EACH TIME:

Father, I come to You through the blood of Your Son, Jesus Christ. Jesus, thank You for dying for me and that I am God's child. Forgive me for (confess your sins). Now, come and fill me with Your Holy Spirit. Father, I pray that nothing would disturb this time I have with You. Father, would You quiet all demonic activity here in the name of Jesus Christ. Thank You Father. Now give me the power to write what YOU put on my heart. Fill me with YOU. You are so gentle, loving, and want nothing but the best for me. I love You, Father God. In Jesus' Name I pray.

ii) Wait on God (absorb Him) and allow Him to fill your heart with what to write.

iii) Allow God to bring up whatever HE wants. Remember, He is gentle.

iv) When you sense God's leading, begin to write from your heart.

v) Don't overwrite. Do what you feel you can do. Get to know yourself.

vi) When you finish, put your paper in a safe place OR throw it away.

vii) Finally, do something "POSITIVE". Rejoice, sing a joyful song, go for a walk or a swim, phone a caring friend, minister to someone, etc.

DEFECTS OF CHARACTER (underline ones you struggle with)

Resentment, Anger, Rage, Hatred, Blame, Depression, Worry, Fear (Fear of man, Fear of authority figures, Phobias, Fear of intimacy, Fear of _____), People pleasing, Selfishness, Self-pity, Self-justification, Self-importance, Egotism, Self-condemnation, Guilt, Shame, Lying, Evasiveness, Dishonesty, Impatience, False pride, Phoniness, Denial, Jealousy, Envy, Codependency, Passive Aggressive, Laziness, Procrastination, Insincerity, Negative thinking, Immoral thinking, Lust, Self-gratification, Perfectionism, Intolerance, Criticizing, Loose Talk, Gossip, Slander, Greed, Poor Boundaries (too loose/too rigid), Pride, Gluttony, Control, Playing God, Man-hater, Woman-hater, Womanizing, Addictions (sex, anger, rage, alcohol, drugs, food, tobacco, emotions, etc.).
Others: _____, _____, _____, _____, etc.

Now Pray this prayer: Father God, I come to You through faith in the shed blood of Jesus Christ Your Son. Father I have multiple defects of character. I now bring each one to You to humbly ask You to remove. I come to the Cross of Jesus and ask You to remove (do each separately). Lord God Almighty, I believe You are removing it and I give it to You. I wish to become more like Jesus. Melt it away and remove it supernaturally as only You can. I now ask You to replace it with You by the filling of Your Holy Spirit. Fill my spirit, soul, and body. In Jesus' Name I pray. Amen

WHERE TO FIND HELP WHEN..... (part 1)

| | |
|-------------------------|--|
| AFRAID | Psalm 34:4; Matt.10:28; 2 Tim.1:7; Heb.13:5-6 |
| ANXIOUS | Psalm 46; Matt. 6:19-34; Phil.4:6; 1 Peter 5:6-7 |
| BACKSLIDING | Psalm 51; 1 John 1:4-9 |
| BEREAVED | Matthew 5:4; 2 Corinthians 1:3-4 |
| BITTER/CRITICAL | 1 Corinthians 13 |
| CONSCIOUS OF SIN | Proverbs 28:13 |
| DEFEATED | Romans 8:31-39 |
| DEPRESSED | Psalm 34 |
| DISASTER | Psalm 91; 118:5-6; Luke 8:22-25 |
| DISCOURAGED | Psa.42:6-11; 55:22; Matt.5:11-12; 2 Cor. 4:17; Phil.4:6-7 |
| DOUBTING | Matthew 8:26; Hebrews 11 |
| FACING A CRISIS | Psalm 121; Matthew 6;25-34; Hebrews 4:16 |
| FAITH FALLS | Psalm 42:5; Hebrews 11 |
| FRIENDS FAIL | Psa.41:9-13; Luke 17:3-4; Rom.12:14-21; 2 Tim.4:16-18 |
| GOD'S PROTECTION | Psalm 27:1-6; Psalm 91; Philippians 4:19 |
| GUIDANCE | Psalm 32:8; Proverbs 3:5-6 |

WHERE TO FIND HELP WHEN..... (part 2)

| | |
|-------------------------|---|
| LEAVING HOME | Psalm 121; Matthew 10:16-20 |
| LONELY | Psalm 23; Hebrews 13:5-6 |
| OVERCOME | Psalm 6; Romans 8:31-39; Romans 5:1-5; 1 John 1:4-9 |
| PEACE | John 14:1-4; John 16:33; Rom.5:1-5; Phil. 4:6-7 |
| PRAYERFUL | Psa.4; Psalm 42; Luke 11:1-13; John 17; 1 John 5:14-15 |
| PROTECTED | Psalm 18:1-3; Psalm 34:7 |
| RULES FOR LIVING | Romans 12 |
| SICK or in PAIN | Psalm 38; Matt. 26:39; Romans 5:3-5; 2 Cor.12:9-10 |
| SORROWFUL | Psa.51; Matt. 5:4; John 14; 2Cor. 1:3-4; 1 Thess.4:13-18 |
| TEMPTED | Psalm 1; 139:23-24; Matt. 26:41; James 4:7; 2 Pet.2:9 |
| THANKFUL | Psalm 100; 1 Thess. 5:18; Hebrews 13:15 |
| TRAVELING | Psalm 121 |
| TROUBLED | Psalm 16; Psalm 31; John 14:1-4; Hebrews 7:25 |
| WEARY | Psalm 90; Matt. 11:28-30; 1 Cor.15:58; Gal.6:9-10 |
| WORRIED | Matthew 6:19-34; 1 Peter 5:6-7 |

Thirty Days of Praying the Names & Attributes of God

Use the following list of God's names/attributes to guide your time set apart with Him. Read the daily description about God and the accompanying passage. Then worship God, focusing on Him and His qualities.

Other Monthly Devotions: 1) Divide the 150 psalms into 30 days, 2) read one Proverbs a day for a month, 3) read John Chapter 14-17 for a month, 4) read Romans 6-8 for a month, etc.:

1. God is Jehovah. The name of independent being—"I AM WHO I AM"—only belongs to Jehovah God. As we consider His greatness, we fall down in fear and awe of this One who possesses all authority. (Exodus 3:13-15)

2. God is Jehovah-M'Kaddesh. This name means "the God who sanctifies." A God separate from all that is evil requires that the people who follow Him be cleansed from all evil. (Leviticus 20:7-8)

3. God is infinite. We cannot speak of measure, amount, size, or weight and at the same time be speaking of God, for He is beyond measurement. God has no beginning, no end, and no limits. (Romans 11:33)

Thirty Days of Praying the Names & Attributes of God

4. God is omnipotent. God has power. Since God is also infinite, whatever He has must be without limit; therefore, God has limitless power. (Jer.32:17-18, 26-27)

5. God is good. The goodness of God is what disposes Him to be kind, benevolent, and full of good will toward all creation. (Psalm 119:65-72)

6. God is love. God's love is so great that He gave His only Son to bring us into fellowship with Him. God's love not only encompasses the world, but embraces each of us personally and intimately. (1 John 4:7-10)

7. God is Jehovah-jireh. This name means "the God who provides." Just as He provided yesterday, He will provide tomorrow. He grants deliverance from sin, the oil of joy for the ashes of sorrow, and eternal citizenship in His Kingdom. (Genesis 22:9-14)

8. God is Jehovah-shalom. This name means "the God of peace." God could never give to others a peace that exceeds understanding if He Himself were not perfect, unfailing peace. (Judges 6:16-24)

Thirty Days of Praying the Names & Attributes of God

9. God is immutable. All that God is, He has always been. All that He has been and is, He will ever be. He cannot change because He is perfect and will remain perfect. (Psalm 102:25-28)

10. God is transcendent. We must not think of God as highest in an order of beings. This would be to grant Him eminence, even pre-eminence, but this is not enough. He is transcendent—existing beyond the created universe. (Psa.113:4-5)

11. God is just. God rules with absolute justice. Not fooled by appearances, God is fair, equitable, and impartial in all of His judgments. (Psalm 75:1-7)

12. God is holy. God's holiness is not simply the best we know made infinitely better. God is absolutely untainted. His holiness stands apart—unique and incomprehensible. (Revelation 4:8-11)

13. God is Jehovah-rophe. This name means “Jehovah heals.” God alone has the remedy for the healing of mankind. The Gospel is concerned with the physical, moral, and spiritual healing of all people. (Exodus 15:22-26)

Thirty Days of Praying the Names & Attributes of God

14. God is self-sufficient. He is the One who contains all, who gives all that is given, but who Himself can receive nothing that He has not first given.

(Acts 17:24-28)

15. God is omniscient. God knows all that can be known. His knowledge includes every possible thing that exists, has ever existed, or will ever exist. (Psa.139:1-6)

16. God is omnipresent. God is everywhere—close to everything, next to everyone. “‘Do not I fill heaven and earth?’ declares the Lord.” (Psalm 139:7-12)

17. God is merciful. God’s compassion is infinite and inexhaustible. In the mercy of His provision in Christ, He took upon Himself the judgment that was due us. He waits and works now for all people everywhere to turn to Him, not wanting any to be lost. (Deuteronomy 4:29-31)

18. God is sovereign. God is in control of our lives. His sovereignty is the attribute by which He rules His entire creation. To be sovereign, God must be all-knowing and all-powerful. (1 Chronicles 29:11-13)

Thirty Days of Praying the Names & Attributes of God

19. God is Jehovah-nissi. This name means “God our banner.” We may go from triumph to triumph and say, “Thanks be to God, who gives us the victory through our Lord Jesus Christ” (1 Cor.15:57). (Exodus 17:8-15)

20. God is wise. All God’s acts are done in infinite wisdom. He always acts for our good, which is to conform us to Christ. Our good and His glory are inextricably bound together. (Proverbs 3:19-20)

21. God is faithful. Our hope for the future rests upon God’s faithfulness. Because He is faithful, His covenants will stand and His promises will be honored. (Psalm 89:1-8)

22. God is wrathful. God’s wrath is never capricious, self-indulgent, or irritable, as human anger often is. Instead, it is a right and necessary reaction to objective moral evil. (Nahum 1:2-8)

Thirty Days of Praying the Names & Attributes of God

23. God is full of grace. Grace is the good pleasure of God that inclines Him to grant merit where it is undeserved and to forgive debt that cannot be repaid. (Ephesians 1:5-8)

24. God is our Comforter. Jesus called the Holy Spirit the “Comforter.” Paul writes that the Lord is “the God of all comfort.” (2 Corinthians 1:3-4)

25. God is El-Shaddai. This name means “God Almighty.” It is best understood as God who is all-sufficient and all-bountiful—the source of all blessings, fullness, and fruitfulness. (Genesis 49:22-26)

26. God is Father. The Creator of the universe cares for each one of us as if we are the only child He has. Jesus taught us to pray, “Our Father” (Matthew 6:9). The Spirit of God taught us to cry, “Abba, Father,” as in the intimacy of the family. (Romans 8:15-17)

Thirty Days of Praying the Names & Attributes of God

27. God is the Church's head. God the Son, Jesus, is the head of the Church. The head—as the part of the body that sees, hears, thinks, and decides—gives the orders that the rest of the body lives by. (Ephesians 1:22-23)

28. God is our intercessor. Knowing our temptations, God the Son intercedes for us. He opens the doors for us to boldly ask Him for mercy. Thus, God is both the starting point and ending point of true prayer. (Hebrews 4:14-16)

29. God is Adonai. This name means “Master” or “Lord.” God as Adonai calls all God's people to acknowledge themselves as His servants, recognizing His right to command them as the Lord of their lives. (2 Samuel 7:18-20)

30. God is Elohim. This name means “Strength” or “Power.” He is transcendent, mighty, and strong. Elohim is the great name of God, signifying supreme power, sovereignty, and a covenant relationship that He is ever faithful to keep. (Genesis 17:7-8)

**“It is for freedom that Christ has set us free;
Therefore, keep standing firm
and do not be subject again to a yoke of slavery.” (Galatians 5:1)**

FOR RESOURCES SEE:

www.altogetherlovely.org/healing

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